



ANNUAL REPORT

2024 / 2025





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EXECUTIVE COMMITTEE:

Carl Parlongo	President
Gavin Sturdy	Vice President Coaching & Development Seniors Coordinator
Heather Dalton	Secretary & Admin Officer Registrar
Carissa Boss	Records Officer
Dean Hemmingsen	Treasurer
Kylie Giles Imogen Boss	Arena Managers
Bruce Wilkins	Equipment Officer
Geoff Nelson	Selections & Championships Officer
Sonia Ryan	Organiser of Officials

GENERAL COMMITTEE:

Tara Christides	Roster Coordinator
Annelize Barron	Website & Publicity Officer
Marina Chalmers	Inclusion Officer, Member Protection & Compliance Officer
Lauren Vidler	Uniform Officer
Vacant	Social Coordinator
Heather Gilbert	Canteen Coordinator
Carmen Collings	Fundraising Coordinator Athletics West Delegate
Valentina Smith	Winter Officer

Centre Captains

- Casey Munro-Smith
- Gabriella Andreas



Key events in 2024/25

- In August 2024 Athletics West Member Centres and Clubs passed a resolution to no longer affiliate with Little Athletics Australia (LAA) and to only affiliate with Athletics Australia (AA) as the national governing body for athletics in Australia. Work has begun on streamlining age groups, event specifications and opportunities for all athletes in both junior and senior competitions.

President's Report

It's been a great pleasure serving my fourth term as President of the Hamersley Athletics Centre. I've loved having the opportunity to give back to a Centre that I represented as an athlete for eight years, (Centre Captain in my final year).

Having now served four years as Centre President, I will be stepping down from the role at the next AGM. However, I look forward to helping the newly elected President and the Hamersley Committee next season as our family will still be participating at Hamersley and I am happy to remain on the Committee if required, (in an appropriate role).

In 2024/25, both our junior and senior (and dual) athlete membership numbers were very strong, as outlined in detail in the Registrar's report. This was no doubt boosted by renewed interest in athletics after Australia's great results at the Paris Olympic Games.

Hamersley athletes performed very well throughout the 2024/25 season during our regular competitions, our 2 days of Centre Championships and our Total Inclusion Method (TIM) competition. Many records were beaten but, more importantly, many PBs were achieved!

The strong participation and performances of our athletes extended to the various State events including the State Combined Events, State Relays, Zones Championships and the Junior and Senior State Championships. Congratulations to our numerous State medallists!

Unfortunately, given that Athletics West members voted to no longer associate with Little Athletics Australia (in August 2024), Western Australia was not invited to participate in the Australian Little Athletics Championships. However, many Hamersley Athletes have qualified to represent Western Australia in the Australian Junior Athletics Championships being held in Perth in April 2025. I will be watching and supporting our Hamersley athletes as they again excel on the national stage – on our home turf!

Finally, I'd like to thank all our Centre and Club Committee members and our hundreds of parent and family volunteers who helped make our 2024/25 season a success. We need everyone to continue to support our Hamersley family and keep our Centre strong.

I am looking forward to the 2025/26 season, starting with the 2025 Athletics World Championships (13-21 Sept, Tokyo – in our time zone!), which will further inspire our athletes to even more personal bests.

Carl Parlongo
President



Carl Parlongo, with Imogen Boss (Arena Manager & 2023/24 Centre Captain) announces the Centre Captains for 2024/25.

Financial Report

For the financial year ended 31 March 2025

Introduction This report presents the financial results of Hamersley Athletics Centre Inc. for the financial year ending 31 March 2025. The financial statements have been prepared on an accruals basis and provide a summary of the Association's financial performance and position.

Financial Performance (Income & Expenditure Statement)

- **Total Income:** The Association generated a total income of \$89,599 for the year, a significant increase from \$65,402 in the previous year (2024).
 - Key income sources included Contributions (\$63,761), Canteen Income (\$12,627), and Fundraising (\$6,830).
- **Cost of Sales:** Costs associated with canteen purchases and uniforms totalled \$10,600.
- **Gross Surplus:** This resulted in a gross surplus of \$78,999, up from \$53,919 in 2024, although the categorisation in 2024 was completed differently so a direct comparison is difficult.
- **Total Expenditure:** Total operating expenditure excluding depreciation for the year was \$66,480, compared to \$56,539 in 2024.
 - Major expenditure items included Administration Fees (\$21,752), Line Marking (\$10,468), and Trophies, Medals and Ribbons (\$5,020).

Net Result: The Association recorded a surplus before depreciation of \$12,521 (deficit of \$4,817 after depreciation) for the financial year, compared to a deficit excluding depreciation of \$2,171 in the previous year.

Financial Position (Assets & Liabilities Statement)

- **Assets:** As of 31 March 2025, the Association's total assets were \$240,159, slightly down from \$243,501 in 2024.
 - **Current Assets:** These totalled \$82,043, primarily consisting of Cash and Cash Equivalents of \$78,860. The cash balance increased from \$66,628 in 2024.
 - **Non-Current Assets:** Plant and Equipment represented the only non-current asset, of at \$158,115 after depreciation, I have depreciated our equipment balance this year where this has not been done in the past. I believe it represents an important item to understand the cash required to periodically replace the sporting and other equipment.
- **Liabilities:** Total liabilities were \$1,474 (comprising Trade and Other Payables), compared to \$0 in 2024.
- **Net Assets (Members' Funds):** The Association's net asset position, representing Members' Funds, stands at \$238,685, compared to \$243,501 at the end of the previous financial year.

Summary The Association saw a strong increase in income during the year, particularly from athlete membership fees and fundraising, depreciation resulted in a net deficit of \$4,817 without depreciation there was a net surplus. Despite the deficit, the Association maintains a healthy cash position with \$78,860 in cash and cash equivalents and a strong overall net asset base of \$238,685. The committee believes the Association remains a going concern.

Other Information

- No related party transactions involving contracts with committee members occurred during the year.
- The new Not For Profit self-review Return for Financial year 2023-24 has been lodged with the ATO and I encourage each club to ensure this has been completed to remain compliant and keep their not-for-profit status.

Dean Hemmingsen
Treasurer.



Registrar's Report

1. LITTLE ATHLETICS SUMMER PROGRAM:

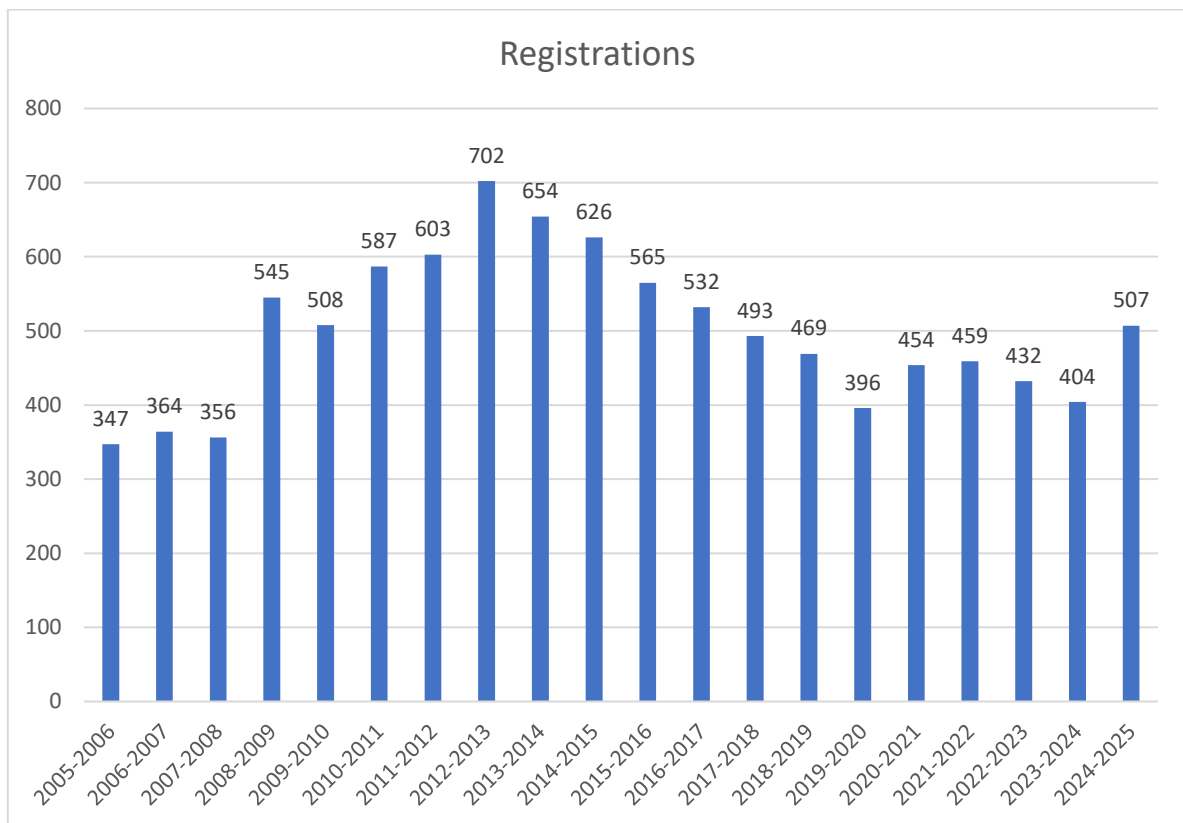
227 Total Girls	186 Total Boys	413 Total Little Athletics members
178 New competition members	235 Returning competition members	151 2023/24 members did not return
38 U10 Girls Biggest age group	9 U15-U17 boys	21 U15-U16 girls
266 Average number of athletes competing each week	33,499 Total number of results	9126 Total Person Best (PB) results
94 Club training only members		

AGE GROUP	FULL MEMBERS			TRAIN ONLY			TOTAL MEMBERS
	GIRLS	BOYS	TOTAL	GIRLS	BOYS	TOTAL	
7	16	23	39	3	7	10	49
8	19	26	45	5	10	15	60
9	35	30	65	10	10	20	85
10	38	30	68	8	7	15	83
11	35	24	59	8	13	21	80
12	28	20	48	3	4	7	55
13	20	14	34	2	2	4	38
14	15	10	25	1		1	26
15	6	6	12				12
16	10	1	11	1		1	12
17	5	2	7				7
Grand Total	227	186	413	41	53	94	507



Total registrations by club

CLUB	FULL MEMBERS			TRAIN ONLY			TOTAL MEMBERS
	GIRLS	BOYS	TOTAL	GIRLS	BOYS	TOTAL	
Glendale	50	46	96	3	12	15	111
Karrinyup	39	41	80	7	9	16	96
North Beach	37	38	75	4	3	7	82
Oceanside	37	30	67	8	11	19	86
Sorrento	64	31	95	18	19	37	132
Grand Total	227	186	413	40	54	94	507



2: SENIOR REGISTRATIONS:

	Female	Male	Total
Dual Little Athletics / Senior Member	9	11	20
Senior Membership only	1	4	5
Grand Total	10	15	25

3: WINTER CROSS COUNTRY 2025

At the time of this report the cross country season had not commenced. The 2024 season was included in the 2023/24 Annual Report.

4. SUMMARY

2024/25 saw an increase in registrations on recent seasons. There were 507 total Little Athletics members as compared to 380 last season. This represented a 33% increase. The increase in interest was thought to be aided by the Olympic Games held just before registrations opened.

The club training only option is seeing increasing popularity with registrations more than doubled from 44 to 94 registrations. This presented a challenge to some clubs who were not expecting such large numbers at training. The reduced Athletics West fee and not having to select a parent roster were seen as factors encouraging families to take up this option. The management of this option requires review for next season to ensure it remains a viable option for clubs.

Senior numbers were again low, however it is envisaged that in future seasons, existing athletes will continue on the improved pathway we are now able to offer as a One Sport Centre.

Timing Solutions again managed the Little Athletics online registration system via "ResultsHQ" for competing Little Athletics members. Kidsport payments continued to be offered.

Train only and Senior registrations were managed online via Revolutionise Sport. This is the platform used by Athletics Australia for all senior registrations. It is also able to offer the flexibility to add additional registration products (eg. club training only), which ResultsHQ is unable to offer.

The management of two separate registration platforms was challenging at times, especially when a few members chose to change their registration type between the two platforms. Revolutionise is also unable to split fees to pay clubs so this process was handled manually once the fees were transferred to Hamersley. Athletics West is currently reviewing the registration platforms and hope to be able to offer all on one platform in the future.

I was very well supported by the five club Registrars. Thank you to Katty Torkington (Glendale), Gen Fenlon (Oceanside), Mel Edwards (Karrinyup), Scott Ferguson (Sorrento) and Sudel Chapman (North Beach) and everyone else who assisted, for their work liaising with families and ensuring all members were correctly registered.

Heather Dalton
Registrar



Selections & Championships

The relay teams were expertly managed by our Championships officer Geoff Nelson, in conjunction with the selections sub-committee who reviewed results and selected athletes. Thank you to all our coaches, Team managers, event officials and everyone who helped out at the various events held throughout the season.

1. **STATE TRACK & FIELD RELAY CHAMPIONSHIPS** – 16th December 2023
 - Hamersley entered 28 track teams and 15 field teams,
 - Track teams again competed in the 4x100m and Swedish relays.

GOLD MEDALLISTS

9B	4x100m	Karchee Michoff, Joshua Ferrier, Jake Hillyer, Nairo Guevara, Kolton Hunter
11G	4x100m	Willow Sloss, Paige Robinson, Cleo Collings, Allaria Ritchie, Lara Castledine
11G	Swedish	Allaria Ritchie, Willow Sloss, Paige Robinson, Cleo Collings, Lileydis Yilmaz
15B	Field	Brodie Lowry, Rocco Parlongo

SILVER MEDALLISTS

10G	4x100m	Ilaria Germano, Indigo Brereton, Hannah Hampson, Isabelle Cousins, Edie Hempstead
10B	Field	Ben Smith, Tejas Singh, Danil Burgess
13G	Field	Jessica Avins, Ivy Satinover
17G	Field	Clancy Boss, Miranda Sturdy, Mackenzie Ryan

BRONZE MEDALLISTS

9B	Swedish	Nairo Guevara, Karchee Michoff, Joshua Ferrier, Jake Hillyer, Isaac Black
11B	4x100m	Oliver Van Der Walt, Benjamin Pilkington, Troy Inman, Jett Cattanach, Trent Murray
13B	4x100m	Taj Chapman, Connor Dent, Louis Jouana, Archer Dickson, Sam Young
14G	Field	Ciana Rio Torto, Indi Trott, Bella Kohlhagen
17B	Field	Andrew Faulds, Adam Schmechtig

Thank you to the coaches who stepped up to coach the track teams and also coordinate the field teams.

RELAY COACHES

9 girls	Luke	Doherty
9 boys	Griselda	Fernandez
10 girls	Clint	Hampson
10 boys	Simon	Flavell
11 girls	Geoff	Bai
11 boys	Ray	Van der walt
12 girls	Christoff	van der Schyff
12 boys	Adam Hallsworth	Gary Sheppard
13 girls	Julia	Grassl
13 boys	Darren	Chapman
14 girls	Cecil	Matsie
14 boys	Geoff	Nelson
15 girls	No track team	
15 boys	Charles	Kasirye
16/17 girls	Sonia	Ryan
16/17 boys	No track team	



STATE COMBINED EVENT CHAMPIONSHIPS – 1st & 2nd February 2025

- Athletes aged U11 to U15 competed in the event, vying for gold, silver and bronze medals.
- As there is an historically low number of athletes taking part, the Hamersley ‘TIM’ Championships were also held on the Saturday morning.

		GOLD	SILVER	BRONZE	4TH
16G	Makenzie Ryan	1ST			
17G	Miranda Sturdy	1ST			
11B	Oliver van der Walt	1ST			
14B	Hudson Christides	1ST			
17B	Adam Schmechtig	1ST			
17B	Andrew Faulds		2ND		
16B	Brodie Lowry		2ND		
14G	Katie Giles			3RD	
12G	Millie Aloï				4TH
14G	Bronte Edwards				4TH



2. **NORTHERN ZONE CHAMPIONSHIPS** – 15th & 16th February 2024

- The event was hosted by Kingsway Athletics Centre as one of three metropolitan zones.
- 88 athletes competed in 339 events.
- U7 and U8 athletes competed for medals whilst U9 to U13 athletes had an additional chance to qualify for State Junior Championships, and all U9 to U15 had an opportunity to practice their events against athletes from other Centres.



• **Participation at Zones:**

Age	Athletes	First*	Second*	Third*
U7B	4		1	2
U7G	2		2	1
U8B	5			3
U8G	4			
U9B	9	3	5	5
U9G	14		1	
U10B	8	2	5	1
U10G	14	4	2	4
U11B	6	6	1	4
U11G	4		1	3
U12B	2			
U12G	5	1	1	1
U13B	1			
U13G	7	1	2	
U14G	2	2	3	2

U15B	1			2
Grand Total	88	19	24	27

- **U7 and U8 medallists*:**

Name	Surname	Age	Gender	Result	Event	Place	PB	Medal
Will	Wiedermann	7	M	12.38	70m	2	YES	Silver medal
Aññaya	McHale	7	F	10.49	Discus	2	YES	Silver medal
Aññaya	McHale	7	F	17.58	Vortex	2	YES	Silver medal
Aññaya	McHale	7	F	1:06.62	300m	3	YES	Bronze medal
Jesse	Wadham	7	M	4.47	Shot Put	3	YES	Bronze medal
Kristian	Bogoev	8	M	1:48.13	500m	3	NO	Bronze medal
Kristian	Bogoev	8	M	13.79	Discus	3	YES	Bronze medal
Freddie	Bell	8	M	12.69	60m Hurdles	3	YES	Bronze medal

* Only U7s and U8 are awarded medals as it is their final representative competition.

3. STATE SENIOR TRACK & FIELD CHAMPIONSHIPS – 7th – 10th March 2025

- Athletes aged U13 to U17 (both Little Athletics and Senior registered) and Senior athletes were eligible to register.
- 23 Hamersley Athletes competed, and won 8 gold, 6 silver and 4 bronze medals.
- Adam Schmechtig broke Hamersley away records in four events and Rocco Parlongo broke his own Javelin record.

- **Medallists:**

Athlete	Age Group	Gold	Silver	Bronze	Totals
Rocco Parlongo	U16M	Javelin			1
Brodie Lowry	U16M	HJ			1
Jessica Avins	U14W	Javelin	Discus, Shot Put		3
Ivy Satinover	U14W	HJ			1
Adam Schmechtig	U18M	300m Hurdles (LA), 110m Hurdles (LA)	TJ	400m	4
Ciana Rio Torto	U15W		Shot Put, Discus		2
Sydnee Matsie	U14W	80m Hurdles (LA)			1
Evan Sherwood	U16M			HJ	1
Mackenzie Ryan	U17W		TJ	LJ	2
Louis Jouana	U14M			HJ	1
Hudson Christides	U15M	100m Hurdles			1
Totals		8	6	4	18



STATE JUNIOR TRACK AND FIELD CHAMPIONSHIPS – 22nd & 23rd March 2025

- Athletes aged U9 to U13 who had either reached the qualifying standard as published, or were amongst the top placed athletes in their event at Zones
- X athletes took part (work this out when the full results are up)
- Hamersley athletes won 25 medals -13 gold, 6 silver and 6 bronze. 9 athletes came 4th, some in a very closely contested competition.
- There were 6 Hamersley Away records broken, and Oliver Van Der Walt broken his own State record in 80m hurdles.
- All Hamersley athletes performed well with a lot of PBs being broken.
- Thank you to Carmen, Valentina and Sonia who helped out as Team Managers and everyone who volunteered as officials.
- **Medalists:**

Athlete	Age Group	Gold	Silver	Bronze	Total medals
Oliver Van Der Walt	U11B	80m Hurdles (State record) , TJ, LJ, 100m	200m		5
Jessica Avins	U13G	Javelin	Shot Put	Discus	3
Karchee Michoff	U9B	70m, 100m, 200m		Long Jump	4
Cleo Collings	U11G	400m, 800m			2
Gurshant Singh	U12B	100m, 200m			2
Tejas Singh	U10B	Shot Put			1
Abby Robinson	U13G			100m, 200m	2
Flynn Dreaver	U11B		Javelin		1
Ivy Satinover	U13G		High jump		1
Bridget Crease	U12G			100m	1
Charlie Scoon-Reid	U11G			80m Hurdles	1
Ilaria Germano	U10G		70m		1
Timothy Baudia	U9B		Discus		1
Total medals		13	6	6	25



Coaching & Development

- 1) Senior training
- 2) The open preparation for states
- 3) The Tiny Tots program

1) This was the second year that we have been a club with a senior section (>12year old). The general reaction to the senior training appears to have been very positive. We have offered most of the regular athletic disciplines with reasonable numbers for each event:

Kylie	Multi events, whatever else was required
Tom/Carl	Shot and Discus
Miranda	Javelin
Bruce	High Jump
Jayden/Geoff	Middle distance
Jayden/Adam/Geoff	Sprints
Jayden/Kylie	Hurdles
Gavin	Long/Triple Jumps

Of these coaches, Tom, Miranda and Jayden were paid, Adam and Brodie helped with sessions prior to States and were also paid. From the 16th October to Senior States 7th – 9th Mar we ran 20 sessions most of which were attended by at least 30 athletes.

Attendance at senior state competitions, relays, States, Strive and Multis were all good with Kylie running specific coaching sessions for multi events. I suspect this helped result in a large haul of medals and increased participation at the state event.

We also had the pleasure of Paul Burgess introducing people to the pole vault.

2) From the last club competition to junior states we opened the Wednesday sessions to the juniors and seniors in preparation for states. Hopefully this will have helped prepare the juniors to attend Senior training when they come of age.

3) We had no Tiny tots this year, it would be good to get this back.

Future coaching considerations:

Need to utilise the skills we have in all clubs and continue the development of future coaches and athletes beyond the little athletics age range, we currently have only Bec competing as a Hamersley athlete in the senior comps, it would be good to see some older athletes stay with Hamersley but for that perhaps we have to offer specific training over the entire year.

Most specialist athletes have a specialist coach I believe we are offering a fun social and quality training opportunity in the on season for all athletes regardless of ability and that should be our goal.

Gavin Sturdy
Senior and Coaching coordinator
Inclusion Officer

As Inclusion Officer this year I was available to support several families with adjustments to ensure all athletes were able to participate comfortably in events. The True Inclusion Method or "TIM" was implemented at Hamersley in 2023 and promoted this season as a method of recognising individual achievement and improvement in individual results. The TIM ranks all athletes in each event as to how much they improve their PB (or how close they get) and with the aim of being inclusive of more athletes. "TIM" results were automatically displayed in ResultsHQ alongside traditional results with the TIM championships held this year on 1st February 2025.

This season Hamersley Athletics Centre has become an affiliate with Special Olympics Australia (SOA) and will be working together to provide greater opportunities for people with an intellectual disability and autism to participate in sports training and competition. SOA have provided resources and offered to provide training for coaches at a club level as well as officials and other volunteers at a centre level.

During the season I was also able to meet with the Inclusion Coordinator for Athletics West to discuss how Hamersley support athletes. I was able to submit a series of Frequently Asked Questions which will be included on the Athletics West website to provide information to athletes, parents, carers, clubs/centres, coaching and allied health professionals seeking to get involved in athletics.

Member Protection:

The Member Protection role exists specifically to deal with protection of kids at the weekend events. The role was set up to deal with complaints regarding bullying, assaults, or harassment of kids either by other kids or adults within the Centre and Clubs or by members of the public. This season, there were no reported complaints of these kind to the Committee arising from Saturday competition.

Club Liaison

It would be most appreciated if Clubs could forward all required 24/25 season documents to the Hamersley Club Liaison and Member Protection Officer at HLACClubLiaison@gmail.com within the next couple of months.

For information, the Constitution states that each Club needs to provide the Club Liaison Officer with a copy of the following documents:

1. 6 x meeting minutes;
2. Club equipment register;
3. A register of Volunteer Police Clearances (VPC) and Working with Children Checks
4. (WWCC) for the Club committee and coaches; and
5. AGM minutes, Treasurer's report and Club financial statement

Marina Chalmers
Inclusion & Club Liaison

Can you beat your PB?

- U7 to U17s compete in 4 or 5 set events with points based on the 'TIM' for improving (or how close you get to) your Personal Best (PB).
- Fun competition for all athletes!
- Trophy for the overall winner and runner-up in each age group.
- The True Inclusion Method (TIM) means everyone is in with a chance!



HAMERSLEY 'TIM'
CHAMPIONSHIPS

Saturday 1st February 2025

Canteen

The Canteen has had another busy season – providing not only a service to our athletes and families but also a fundraising stream for HAC.

Staffing Changes at the Canteen

This season, the Canteen was staffed by a paid volunteer and three parent volunteers, who worked on a rotating roster. In previous seasons, the Canteen was entirely staffed by parent volunteers, in addition to their regular Centre roster duties. This approach has proven effective in ensuring adequate staffing levels while minimising additional demands on clubs and families.

Food Business Registration Change

The introduction of Food Standards Australia Standard 3.2.2A on 8 December 2023 posed significant challenges for the Centre, requiring considerable time and effort to ensure compliance. To mitigate risks and streamline operations, the Committee decided to reclassify HAC as a Category Two Food Business, meaning food preparation no longer takes place in the canteen.

We maintained compliance as a Food Premises by the City of Stirling, with no annual inspection taking place this year.

Fundraising

The canteen successfully fundraised over \$6,300 for HAC after deducting expenses for paid volunteers and stock costs.

Thanks again to everyone that supported the Canteen this season.

Uniforms

Lauron Vidler took on the role of uniform Coordinator this season. The introduction of online order was a great initiative which streamlined the order and payment processes for families and for the Centre. Crop tops were added as an option for senior girls.

Athlete of the Week

Carisa Boss-The Broker sponsored our 'Athlete of the Week'. The winner each week received a \$10 canteen voucher which proved very popular.

All officials had the opportunity to nominate an Athlete of the Week who was not necessarily the best athlete but one who listened to instructions, tried their best and was supportive of officials and other athletes. The winner was selected by having the most nominations or by a random draw.

Week 3	Jake Hillyer	U9B	Oceanside
Week 4	Louis Jouana	U13B	Sorrento
Week 5	Adam Schmechtig	U17B	Glendale
Week 6	Max Hallsworth	U12B	Sorrento
Week 7	Oliver Hayden	U11B	Karrinyup
Week 8	Harvey Swapp	U12B	Glendale
Week 9	Izekiel Yilmaz	U13B	Glendale
Week 10	Hugh Kraut	U14B	Oceanside
Week 11	Thomas Drake-Brockman	U10B	Glendale
Week 12	Paloma Parlongo	U12G	Glendale
Week 13	Alex Fry	14B	Oceanside



Winter Cross Country 2024

The Winter cross country season was expertly run by **Emmett Fenlon** who once again did an outstanding job as coach for 2024. He was ably supported by **Valentina Smith** who undertook the role of Team Manager and assisted in organising the event at Lake Gwelup.

Emmett was a very popular choice for coach with all the athletes enjoying training held at Lake Gwelup and Carine Open Space twice weekly from April to August.

Hamersley once again hosted a successful cross country event at Lake Gwelup as part of the Athletics West events calendar. The addition of food trucks was a popular choice and relieved the pressure on volunteers not having to organize a canteen and barbecue. Thankyou and everyone who assisted to make this an enjoyable day for all the athletes.

2024 Cross Country Championships:

Held on 29th July 2023 at Yellagonga Regional Park.

39 Hamersley athletes competed, winning one silver and one bronze medal. Seven athletes also qualified to compete in the Australian Cross Country Championships held in Canberra.

2024 STATE CROSS COUNTRY CHAMPIONSHIPS – MEDALLISTS

Held at Perry's Paddock, Joondalup on 27th July 2024
39 Hamersley athletes participated

U10G	Cleo	Collings	Gold
U10B	Trent	Murray	Gold
U10B	Jake	Saunders	Silver
U10B	Joshua	Coetzer	Bronze
U11G	Thea	Hough	Bronze
U12G	Mackenzie	Ottaway	Bronze

2024 AUSTRALIAN CROSS COUNTRY CHAMPIONSHIPS –

Held in Launceston on 31st August 2024

Represented WA:

U10B	Oscar	Dickinson
U11G	Mackenzie	Ottaway
U15	Makenzi	Aloi



Cross Country Awards 2024:

A windup and awards presentation was held to finish the season in September.

U7 Girls	1 st Ava Collings	2 nd Chloe Rivera
U7 Boys	1 st Hunter Williams	2 nd Jack Malatios
U8 Girls	1 st Harper Wotherspoon	2 nd Pepper Connolly
U8 Boys	1 st Jake Hillyer	2 nd Nicholas Coetzer
U9 Girls	1 st Grace Gribbon	2 nd Aisling Williams
U9 Boys	1 st Marcel Friend	2 nd Lachlan O'Rourke
U10 Girls	1 st Cleo Collings	2 nd Zara Wotherspoon
U10 Boys	1 st Trent Murray	2 nd Jacob Saunders
U11 Girls	1 st Mackenzi Ottaway	2 nd Thea Hough
U11 Boys	1 st Liam Chalmers	
U12 Girls	1 st Marie Fenlon	
U12 Boys	1 st Beau Johnson	2 nd Archer Dickson
U13 Girls	1 st Aspen Aloï	2 nd Allegra Clark
U13 Boys	1 st Beau Hall	2 nd Ashton Stott
U14 Boys	1 st Eamon Stott	
U15 Girls	1 st Chloe Grassl Briens	2 nd Makenzi Aloï

LIFE MEMBER AWARDS FOR CROSS COUNTRY

LIFE MEMBER	PERPETUAL TROPHY FOR	AWARD WINNER
Ryan	Excellence	Cleo Collings
Gee	Coach's Award	Andrew Tang



2024/25 SUMMER SEASON AWARDS

1. AGE GROUP CONSISTENCY AWARDS

		THIRD	RUNNER UP	WINNER
U7	G	Rose Elliott	Aññaya McHale	Freya Peet
U8	G	Elena Dimitrovski	Leilani Rowles	Ava Collings
U9	G	Harper Wotherspoon	Maya Forster	Isla van der Schyff
U10	G	Indigo Brereton	Hannah Hampson	Isabelle Cousins
U11	G	Charli Scoon-Reid	Cleo Collings	Willow Sloss
U12	G	Bridget Creese	Abigail van der Schyff	Millie Aloï
U13	G	Emma Grassl Briens	Maali White	Jessica Avins
U14	G	Indi Trott	Bronte Edwards	Katie Giles
U15	G	Penny Arthur	Jasmine Lynch	Jasmine Carson
U16	G	Chloe Grassl Briens	Makenzi Aloï	Mackenzie Ryan
U17	G	Willow Johnson	Miranda Sturdy	Casey Munro-Smith
		THIRD	RUNNER UP	WINNER
U7	B	Jesse Wadham	Will Wiedermann	Peter Cooney
U8	B	Kristian Bogoev	Brody Castledine	Harvey Byrne
U9	B	Karchee Michoff	Jake Hillyer	Joshua Ferrier
U10	B	Jon Flavell	Nathaniel Dayman	Angus Trotter
U11	B	Flynn Dreaver	Benjamin Pilkington	Oliver Van Der Walt
U12	B	Archie Edwards	Archie Collis	James Baudia
U13	B	Louis Jouana	Taj Chapman	Connor Dent
U14	B	Hugh Kraut	Hudson Christides	William Nelson
U15	B	Rocco Parlono	Brodie Lowry	Evan Sherwood
U16	B			Patrick McKeone
U17	B		Andrew Faulds	Adam Schmechtig



2. PERSONAL BEST AWARDS

This award in the form of a medallion is issued for the athlete that achieves the highest number of personal bests in each age group /gender from U7 to U17s. In the event of ties, awards will be issued to multiple athletes.

	Girls	Boys
U7	Aññaya McHale	Patrick Mullins
U8	Elena Dimitrovski	Harvey Byrne
U9	Isla van der Schyff	Joshua Ferrier
U10	Jordan Whiteman	Riley Wiese
U11	Charli Scoon-Reid	Benjamin Pilkington
U12	Ava Muntz	Taylor Sheppard
U13	Harriet McNulty	Taj Chapman
U14	Aspen Aloï	William Nelson
U15	Penny Arthur	Evan Sherwood
U16	Chloe Grassl Briens	Patrick McKeone
U17	Mia Chapman	Adam Schmechtig



3. TIM AWARDS - 2023/2024

This is the second year we have run the Hamersley TIM Championships. The TIM ranks all athletes in each event as to how much they improve their PB (or how close they get). Athletes competed in a set series of events based on reduced program one. The athlete with the best TIM ranking received one point, the next best 2 points and so on. Points were tallied across all four or five events for each age group, with the athlete with the lowest points being awarded as the winner, and the next lowest as the runner up.

GIRLS:

Age	NAME	SURNAME	PLACE
7	Aññaya	McHale	WINNER
7	Elizabeth	Finlay	RUNNER UP
8	Sanne	Janssen	WINNER
8	Blaire	Dow	RUNNER UP
9	Alix	Morton	WINNER
9	Ivy	Paunovski	RUNNER UP
10	Jeanette	Janssen	WINNER
10	Aisling	Williams	RUNNER UP
11	Georgie	Rudd	WINNER - DRAW
11	Zara	Wotherspoon	WINNER - DRAW
12	Evie	Jowett	WINNER
12	Summer	Abbott-Vidler	RUNNER UP
13	Summer	Maguire	WINNER
13	Harriet	McNulty	RUNNER UP
14	Audrey	Bingham	WINNER
14	Sydnee	Matsie	RUNNER UP
15	Jasmine	Carson	ONE WINNER
16	Makenzi	Aloi	ONE WINNER
17	Casey	Munro-Smith	ONE WINNER



BOYS:

7	Jesse	Wadham	WINNER
7	Miles	Paunovski	RUNNER UP
8	Hendrix	Chircop	WINNER
8	Noah	Kolka	RUNNER UP
9	Kolton	Hunter	WINNER
9	William	Cooney	RUNNER UP
10	Nicholas	Brown	WINNER
10	Marcel	Friend	RUNNER UP
11	Troy	Inman	WINNER
11	Flynn	Dreaver	RUNNER UP
12	Max	Hallsworth	WINNER
			RUNNER UP – Draw
12	Alex	McFarlane	
12	Thomas	Sanford	RUNNER UP - Draw
13	Izekiel	Yilmaz	WINNER - Draw
13	Jackson	Piccoli	WINNER - Draw
14	Beau	Hall	ONE WINNER
15	Michael	Lloyd	ONE WINNER



4. LIFE MEMBER PERPETUAL TROPHIES

<p>Donegan Perpetual Trophy Senior Sprinting Adam Schmechtig</p>	<p>Jan Veitch Perpetual Trophy Junior Sprinting Jon Flavell</p>
<p>Cassey Perpetual Trophy Horizontal Jumps Mackenzie Ryan</p>	<p>Ley Perpetual Trophy High Jump Willow Sloss</p>
<p>Dave Dilley Memorial Perpetual Trophy Scissors High Jump Joshua Ferrier</p>	<p>Gavin Dunn Memorial Perpetual Trophy U15 High Jump Jasmine Carson</p>
<p>Roffman Perpetual Trophy Turbo Javelin Ben Smith</p>	<p>Jones Perpetual Trophy Shot Put Tejas Singh</p>
<p>Paul Mardle Perpetual Trophy Discus Rocco Parlongo</p>	<p>Tester Perpetual Trophy Javelin Jessica Avins</p>
<p>Bartlett Perpetual Trophy Heptathlete Champion Willow Sloss</p>	<p>Lewis Perpetual Trophy Octathlete Champion Joshua Ferrier</p>
<p>Starcevich Perpetual Trophy Hurdles Champion Hudson Christides</p>	<p>Scott Perpetual Trophy Long Distance Cleo Collings</p>
<p>Carissa Steere Perpetual Trophy Decathlete Champion Adam Schmechtig</p>	<p>O'Connor Perpetual Trophy Junior Personal Bests Isla van der Schyff Joshua Ferrier</p>
<p>Harrison Perpetual Trophy Senior Personal Bests Jordan Whiteman Ben Pilkington</p>	<p>Presidents 1500m Invitational Handicap Race Chloe Grassl-Briens</p>
<p>Strickland Perpetual Trophy Junior Boy Champion Karchee Michoff</p>	<p>Fergie Perpetual Trophy Junior Girl Champion Isla van der Schyff</p>
<p>Kaitse Perpetual Trophy Intermediate Boy Champion Oliver Van Der Walt</p>	<p>Rafty Perpetual Trophy Intermediate Girl Champion Willow Sloss</p>
<p>Jack Sturrock Perpetual Trophy Senior Boy Champion Adam Schmechtig</p>	<p>Isabelle Cousins Bruce Trivett Perpetual Senior Girl Champion Jessica Avins</p>
<p>Watson Perpetual Trophy Total Overall Points Isabelle Cousins</p>	

5. ATHLETE RECOGNITION AWARDS

GRAHAM PERPETUAL TROPHY - FELLOWSHIP AWARD

This award is for an older athlete who does not necessarily win but always competes well and with sportsmanship.

ALEXIS MARSHALL

TEBBUT PERPETUAL TROPHY - QUIET ACHIEVER AWARD

Casey will also be nominated to Athletics West for the Doug Hancy Award which assesses the values of integrity, courage, perseverance and challenge.

**MIRANDA STURDY
ADAM SCHMECHTIG**

8 YEAR ATHLETE AWARDS

Annabel Power - Sorrento	Liam Nelson - Oceanside
Clancy Boss - Karrinyup	
Evie Ewan - Sorrento	



CLUB PERPETUAL TROPHIES 2024/25

Damian Worrad Memorial Perpetual Trophy for Club Relays

Won by Glendale LAC

Champion Club:

Won by Sorrento

Consistency (Udall Perpetual Trophy):

Won by Oceanside

Volunteer Club

Won by North Beach

for being proactive with their rosters and having regular extra volunteers.

Vanirsen Trophy for Outstanding Assistance to the Centre

Tara Christides and Kylie Giles.

5 year volunteer certificates

Geoff Nelson

Tara Christides

10 year volunteer award

Carissa Boss



RECORDS BROKEN
2024/2025

You can see the full list of Hamersley records and more information about away records on the website: <http://hamersleyathletics.com.au/centre-records/>.

EVENT	AGE	NAME	CLUB	DATE	OLD RECORD	NEW RECORD
High Jump Scissors	9B	Joshua Ferrier	North Beach	8/02/2025	1.15	1.16
High Jump Scissors	9B	William Cooney	North Beach	18/11/2024	1.15	1.15
Javelin 500g	14G	Ciana Rio Torto	Karrinyup	2/11/2024	25.60	27.85
Javelin 500g	14G	Ciana Rio Torto	Karrinyup	11/01/2025	27.85	27.95
Javelin 500g	14G	Ciana Rio Torto	Karrinyup	1/02/2025	27.95	29.66
Javelin 700g	15B	Rocco Parlongo	Glendale	12/10/2024	41.60	42.31
Javelin 700g	15B	Rocco Parlongo	Glendale	2/11/2024	42.31	45.39
Javelin 700g	15B	Rocco Parlongo	Glendale	30/11/2024	45.39	45.44
Javelin 700g	15B	Rocco Parlongo	Glendale	22/02/2025	45.44	47.53
Long Jump	17B	Adam Schmechtig	Glendale	9/11/2024	6.44	6.47
300m Hurdles	17B	Adam Schmechtig	Glendale	9/11/2024	43.00	42.84
300m Hurdles	17B	Andrew Faulds	Glendale	18/01/2025	42.84	42.56
300m Hurdles	17B	Adam Schmechtig	Glendale	8/02/2025	42.56	39.72
500m	8G	Ava Collings	Sorrento	2/11/2024	1:48.73	1:48.72
500m	8G	Ava Collings	Sorrento	29/01/2025	1:48.72	1:47.00
80m Hurdles	11G	Willow Sloss		22/02/2025	14.20	14.15
Long Jump	16G	Mackenzie Ryan	Glendale	23/11/2024	5.11	5.18

AWAY RECORDS

- Away Records only recorded from 2020/21 Season and only if equal to or better than the Hamersley Record and achieved whilst representing Hamersley in Hamersley uniform.
- Athletes who believe they have a claim for an away record achieved in 2020/21 season or later may submit a claim form for consideration.

EVENT	AGE	NAME	DATE	OLD RECORD	AWAY RECORD	
90m Hurdles	U14B	Hudson Christides	16/11/2024	13.06	12.90	Strive Special Program 1
Javelin (700g)	U15B	Rocco Parlongo	14/12/2024	45.44	45.89	State Field Relays
Javelin (700g)	U15B	Rocco Parlongo	26/02/2025	47.53	48.85	Strive Program A
Javelin (700g)	U15B	Rocco Parlongo	8/03/2025	47.53	49.84	Senior State Championships
Vortex	U7G	Annaya McHale	15/02/2025	15.41	17.58	Northern Zone Championships
400m	U17B	Adam Schmechtig	8/02/2025	52.56	50.88	Senior State Championships
100m	U17B	Adam Schmechtig	8/02/2025	11.69	11.29	Senior State Championships
200m	U17B	Adam Schmechtig	8/02/2025	23.6	23.15	Senior State Championships
300m Hurdles	U17B	Adam Schmechtig	8/02/2025	39.72	39.35	Senior State Championships
80m Hurdles	U11B	Oliver van der Walt	1/02/2025	12.96	12.81	Combined Event Championships
80m Hurdles	U11B	Oliver van der Walt	22/03/2025		12.73	State Junior Championships
200m	U11B	Oliver van der Walt	22/03/2025	26.97	26.74	State Junior Championships
200m	U9B	Karchee Michoff	22/03/2025	29.6	29.42	State Junior Championships
400m	U11G	Cleo Collings	23/03/2025	01:05.0	1:03.23	State Junior Championships
800m	U11G	Cleo Collings	22/03/2025	02:35.8	2:31.20	State Junior Championships
Shot Put	U10B	Tejas Singh	23/03/2025	10.32	10.54	State Junior Championships

STATE RECORD BROKEN

80m Hurdles	U11B	Oliver van der Walt	1/02/2025	12.96	12.81	Combined Event Championships
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80m Hurdles	U11B	Oliver van der Walt	22/03/2025		12.73	State Junior Championships
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REPORTS FROM AFFILIATED CLUBS

Glendale:

Julia Grassl
President.



North Beach:

Firstly, I would like to extend a heartfelt thank you to our entire Club community for their outstanding efforts throughout what was a tremendous season of fun, growth and achievement at North Beach Little Athletics.

The Club simply could not run without the support of our parent volunteers, and your dedication has been instrumental in making this season a success. A special mention goes to our incredible BBQ volunteers and cake stall bakers who went above and beyond their regular rosters. The BBQ is a significant fundraiser for us and has contributed greatly to our financial results this year. Special mention to Mark Wiedermann, who stepped up to provide the supplies for our final BBQ.

Membership

We are thrilled to report that registrations were exceptional this season. The Club grew from 51 athletes in the 2023-24 season to 76 athletes this year, representing a 49% increase in registrations. This is an incredible achievement and sees our Club punching well above its weight. We extend our gratitude to our returning athletes for their continued commitment and were delighted to welcome our some many new athletes this year - we hope you enjoyed your first season with us and look forward to seeing you back next year.

Committee and Club Operations

I would also like to take this opportunity to thank my fellow committee members for their hard work and dedication. Their commitment ensured that the Club ran smoothly and efficiently throughout the season and their duties were in addition to their Saturday rosters, BBQ cooking and baking and in some cases coaching.

Key achievements saw us secure a \$2,000 grant from the City of Stirling which allowed us to invest in new equipment and further support our coaching staff. In addition, strategic financial decisions made by the committee have led to a solid financial outcome for the Club.

I would like to particularly thank Griselda Fernandez, whose work went well above and beyond – she really is the heartbeat of this Club and we simply could not operate without her – thank you Gris.

Myself, Griselda and Sudel are stepping aside next year. I want to thank Griselda and Sudel who have been on the committee for several years and have contributed enormously to the Club.

2024 Committee

President – Paul Chapman

Secretary – Griselda Fernandez

Treasurer - Sudél Chapman

Head Coach – Todd Israel

Uniform Officer – Zoe King

Event Coordinator - Rebecca Ferrier

Grants Officer - Sarah Cooney

Delegate to Hamersley - Paul Chapman

Marketing Coordinator - Griselda
Fernandez

2025 Committee

Todd Israel

Zoe King

Sarah Cooney

Rebecca Ferrier

Sal Vallelonga

Coaching and Athlete Development

A huge thank you goes to our coaching team for their invaluable contributions. Our Head Coach, Todd Israel, brought immense knowledge and expertise, setting a strong athletic direction for the Club. He was ably supported by Luka and Aqua Samuels, who worked tirelessly to develop and inspire our young athletes. We also extend our gratitude to throws coach Miranda Sturdy. The passion and commitment of our coaches does not go unnoticed, and we truly appreciate your efforts.

Financial Position

This year, the Club has posted a strong financial result, achieving a profit of over \$4,100. This positions us well for the future, allowing us to reinvest in our athletes and Club development. Our cash reserves have more than doubled compared to the same time last year, ensuring that we are on a stable financial footing. This is a pleasing outcome that reflects the hard work and dedication of our volunteers and committee members.

Future Developments and Club Merger Proposal

As you are aware, a survey has been circulated seeking feedback on a proposal to merge the committee and administrative functions of the Clubs under the Hamersley banner. The aim of this merger is to streamline administrative tasks and reduce the reliance on a small number of parents who volunteer in committee roles. Should the merger proceed, the specific model is still to be determined. Options include all athletes competing under a central Hamersley banner and uniform or retaining individual club identities in some form. We strongly encourage all members to have their say and assure you that North Beach is at the forefront of these discussions. We are committed to keeping all members informed as this process evolves.

I want to express my sincere appreciation to every athlete, parent, coach, and committee member who contributed to the success of our Club this season. The growth, financial stability, strong culture and sense of community we have achieved are a credit to all involved. We look forward to another successful season ahead and to seeing our athletes continue to grow and thrive.

Finally, a special thank you to our young athletes, whose commitment and passion inspired us all and it gave us great joy to see their development throughout the season. Thank you all for your support and dedication.

Paul Chapman

President, North Beach Little Athletics Club



Oceanside

This season has seen stable membership numbers with our highest contingent of train only members since it became an option, with 19 athletes choosing this option at Oceanside. We have 68 competitive members and overall, 62 families at the club.

I'd like to start with the achievements of our athletes. As our juniors still have their state titles events next weekend, we don't have our final club medal tally. However, last weekend saw Oceanside on the podium with Ivy Satinover winning gold in the girls U13 High Jump with a PB of 1.51m, and an outstanding effort by Hugh Kraut coming 4th with a PB of ... in the high jump and excitingly close to national qualifying height. A large number of our athletes earned themselves a podium place at Hamersley club champs or TIMs events – stand up and round of applause for these athletes. For those who achieved a PB at Hamersley Club champs or TIMs comps - stand up and round of applause.

A few shout outs from the coaches for outstanding effort and behaviour during training:
- Abbie and Isla Van Der Schyff, Zac Willisher, Aisling Williams, Hendrix Chircop, Taj Chapman, Jeanette Janssen, Liam Nelson, Mina Hindmarch and Claire Pradzy.

Athletes, well done for all your hard work over the season. As the saying goes 'it's not what we see in the open that makes us successful, it's what we do when no one is watching that is the true tale of greatness'... (or something like that)

This leads into, what I believe, is a large contributor to what makes our club great. Oceanside training, I feel, is second to none. We have a team of exceptional coaches, led by Geoff Nelson and a record number of highly experienced and qualified volunteer as well as paid coaches. This season we have also had the privilege of Olympian and world pole vault champ, Kurtis Marschall attending the club to help our athletes, with his coach and club member, Paul Burgess. Sincere thanks to Paul for his time and effort in coordinating this for the club (applause).

A huge boon for the club has been the support from Caitlin Collins which, with the successful re-election of the Labor government, meant \$15,000 in funding for the club to purchase new equipment including a new high jump mat, javelins and branded gazebo for Saturday competitions. This, in addition to the current bank balance, puts the club well ahead on last years income and earnings. The streamlining of barbecue offerings to sausage sizzle only has been successful for the club, making resourcing and volunteer staffing for these far easier for this season and netting us a profit of over \$1500 for the season.

Next year, Hamersley, as our overseer club (so to speak) is looking into amalgamating committees. This is currently open to the input from members from all five clubs. The key reason Hamersley has suggested this is due to the volunteer pressures on families at both a club and competition level, including administrative, coaching and officiating requirements.

Genevieve Fenlon
President



Sorrento:

Wendy Evans
President



Karrinyup

We've seen a fantastic turn-out for the 24/25 Season – with a total of 95 members registered with our club, consisting of 80 full members and 15 training-only. Both membership categories saw an increase from last year's figures. From our strong membership base, 83% of our competing members have returned from previous seasons, which I believe is a testament to the great culture we have here at the club.



I'd like to thank our 24/25 committee who have all stepped up and done a wonderful job in keeping the club running smoothly. Particularly those parents who have taken up multiple roles around the club to help cover the vacancies we had this year. Your dedication to this club has helped every one of our athletes in their journey this season and I am so grateful for your hard work and support.

This year our committee made the decision to bring in 3 external coaches (Kieran, Tristan and Imogen) so that we could split training groups into smaller numbers. So along with our wonderful volunteer coaches we were able to run 6 different groups at once. We also arranged for more frequent line markings and worked with the council to achieve better ground conditions, which gave our athletes a fantastic track to train on every Monday. I want to give a huge thank you to our parent coaches who dedicate their time every Monday, leave work early and forgo time watching their own kids at training - to coach all of the athletes down at our club. Jaz and Hugo on throws and Elesha working with our jumpers and also Mel C helping at the jumps pit as well. Without you guys, training wouldn't have happened this year so thank you, thank you, thank you.

As a club we experienced some highs and lows this year. It was heart-warming to see the support for the Cole family that poured from our club and from Hamersley. I know Hannah's family are very grateful for the support and friendships they have at Karrinyup. We also have seen great success with a strong representation at Zones, the State Relay Championships, State Combined Events, State Senior Championships as well as the State Junior Championships. We also have athletes who have qualified for National Championships which is an incredible achievement. Additionally, I also loved seeing so many Karrinyup athletes on the podium at Hamersley Club Championships.

Above all of this I am so proud of the positive and supportive environment that continues to be the theme that runs through the backbone of our club. The encouragement I see from parents on Saturdays and the friendships formed between our athletes as they strive for (and celebrate) PBs each week is what makes little athletics such a great sport and I thank all parents and their wonderful kids for the part they played at our club this season.

Mel Edwards
President

SPONSORS:

Thank you to our sponsors who have supported the Centre throughout the season:



DOWSING



**Karrinyup
Physiotherapy
Centre**





HAMERSLEY
ATHLETICS CENTRE

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