



HAMERSLEY
ATHLETICS CENTRE

Little Athletics Program
2025/2026

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ABOUT THE HAMERSLEY LITTLE ATHLETICS PROGRAM

STRUCTURE

1. **Centre:** Hamersley Athletics Centre (Hamersley) organises summer competition for U8-U18 athletes, additional training opportunities for older athletes and opportunities to represent the Centre in Athletics West run competitions. Hamersley also manages the Winter cross country program. Competitions are mainly held at Charles Riley Reserve, North Beach each Saturday morning over the summer period, with the occasional mid-week twilight competition.
2. **“Junior” training & competition:** Athletes **aged U13 to U18** may choose to also take part in “Junior” training and competition (Strive). Eligible athletes have the option of registering with Hamersley as a Junior dual member. Read more on the Athletics West website: <https://www.athleticswest.com.au/athletes/membership/>.
3. **Athletics West** are the governing body for the sport of athletics in Western Australia. They also manage State Little Athletics and Senior competitions and the weekly “Strive” competition, offer coaching and officiating courses and other opportunities during the season. Athletics West is affiliated with **Athletics Australia**.

INCLUSION

Hamersley Athletics Centre strives to ensure our Centre reflects the diversity of our local community and actively works toward eliminating the barriers to inclusivity.

We will work towards developing clear strategies and policies to achieve inclusion and remove discrimination from within our Centre.

We commit to promoting a safe, welcoming, and respectful culture where everyone feels welcome and accepted regardless of age, gender/gender identity, sexuality, ability, socio-economic status, or cultural, ethnic or religious background.

We commit to informing, supporting and empowering our members and all others involved with the Hamersley Athletics Centre in relation to inclusion and diversity issues.

At Hamersley we promote the **True Inclusion Method (or “TIM”)** as a method of recognising individual achievement and improvement in individual results.

We can often be quite flexible in accommodating individual children. Contact our Inclusion Officer Celeste Williams if you would like to discuss further. Email: admin@hamersleyathletics.com.au to be put in contact. It is also recommended that you talk to your training coordinator about how your child can best be accommodated at training at the various training hubs.

HAMERSLEY COMMITTEE 2025/2026

POSITION	NAME
President	Rayno Raats
Vice President / Seniors Officer	Carl Parlongo
Secretary	Vacant
Treasurer	Dean Hemmingsen
Arena Manager	Kylie Giles
Canteen	Mel Edwards
Inclusion officer	Celeste Williams
Coaching & Development	Gavin Sturdy
Equipment Officer	Bruce Wilkins
Fundraising Officer	Gen Fenlon
Officials Organiser	Sonia Ryan
Records / Results	Michelle Wilson
Registrar	Monique Raats
Roster Coordinator	Tara Christides
Selections & Championships/ Member Protection	Elesha McFarlane
Uniforms	Lauren Vidler
Publicity Officer	Jessica Young
Winter Officer	Valentina Smith
Administration Officer	Vacant

For enquiries, please email admin@hamersleyathletics.com.au to be connected with the appropriate committee member or visit our website at <https://hamersleyathletics.com.au/about/>

HAMERSLEY TEAM APP

Hamersley Athletics Centre has it's own app!

Keep up to date with the latest information and chat with other members.

Download Team App from the Apple or Google Play App Store.

Log in and search for Hamersley LAC

Join the applicable groups – eg. roster groups, seniors.

You can also join online: https://www.teamapp.com/clubs/479894?_webpage=v1

BIBS / UNIFORMS

All members will be provided with a new numbered bib when they register. The numbering system has been reset by Athletics West so old numbers can no longer be used. **Make sure you keep you bib safe as replacement of a lost bib will incur a \$10 charge.**

Hamersley Athletics Centre	Gold singlet / T-shirt with maroon trim. Maroon Logo. Maroon or black shorts, bicycle pants or briefs (girls).
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Leggings or compression shorts are permitted, but must be plain black. Compression shorts can also be skin colour. Any logos must not exceed 7cm x 5cm. A second top can be worn underneath, must be maroon, white or black.

Hamersley uniform is to be worn by athletes representing Hamersley at both junior and senior Athletics West competitions. This includes State events and Strive.

Note:

- Shorts may be Hamersley maroon shorts or plain black.
- Girls are not allowed to wear crop tops in Little Athletics events.

Online uniform shop: <https://hamersleyathletics.com.au/uniform/>

Email admin@hamersleyathletics.com.au.

HAMERSLEY ROSTERS AND KEY OFFICIALS

At registration, every family will be required to commit to a roster for Hamersley competitions. The Hamersley website has the available positions and the role descriptions. The Centre will provide training for parents / carers for relevant roles and experienced parents will be available to help out at competitions and answer questions. We encourage parents / carers of returning athletes to take on key official roles (please don't be daunted – you will be supported).

<https://hamersleyathletics.com.au/volunteering-rosters/>

Please sign in at the roster tent just before your roster starts.

We rely on our volunteer parents to ensure our competition days can proceed smoothly. Events may not be able to proceed if there are rostered parents not in attendance.

- **If you are unable to do your roster, it is your responsibility to find a replacement (Post in your Team App roster group giving plenty of notice).**
- **If you are unavailable at late notice, please contact the Roster Coordinator rosters@hamersleyathletics.com.au**

SITE HELPERS

In addition to your rostered role, there is an expectation that parents/carers will also voluntarily assist at field sites during Hamersley competition days (usually at sites where their own children are competing). Roles are not difficult and entail raking jumps pits, marking throws or jump landing points, measuring, resetting high jump bars and returning throwing implements. Events cannot run without enough helpers. If there is a shortage of helpers at a site during a competition day, helpers will be called for over the PA. If we cannot get enough helpers, events will need to be cancelled.

CODES OF CONDUCT / MEMBER PROTECTION POLICY

- Little Athletics is a family sport to be enjoyed by each member in their own way. Don't spoil it by getting too intense.
- Do not force an unwilling child to participate.
- Remember – children are involved in organised sport for their enjoyment, not yours.
- Encourage your child always to play by the rules.
- Teach your child that honest effort is as important as victory, so that each result is accepted without undue disappointment.
- Turn each defeat into victory, by helping your child to work towards skill improvement and good sportsmanship. Never ridicule or abuse your child from the sidelines. There is NO circumstance which warrants humiliation.
- Remember – children learn best by example. Applaud good performances by your athlete AND by those competing with them.
- Do not project your own aspirations on to your child.
- Do not publicly question the Officials' judgement, and never their honesty. If you see something of which you disapprove, notify the Arena Manager, Officials Organiser, or Committee member.
- Support all efforts to remove verbal and physical abuse from children's sport.
- Recognise the value and importance of volunteer coaches and officials. They give their time and resources freely to provide recreational activities for your child.

Hamersley abides by the Athletics West Member Protection Policy and Codes of Conduct. For more information, please visit the Hamersley website. If you have any questions or concerns, our Member Protection Officer is available to assist you. You can reach them via email at: admin@hamersleyathletics.com.au

POLICIES AND PROCEDURES

When registering, families agree to adhere to the policies and by-laws of Hamersley and Athletics West. Find out more about the Hamersley constitution, by-laws and policies on our website. Refer to PDF document: <https://hamersleyathletics.com.au/about/>

WORKING WITH CHILDREN

It is a legislative requirement of the State Government of WA for Hamersley Athletics Centre and our affiliated clubs to comply with the requirements of the Working With Children Card. **Parents are generally exempt from this requirement, however they must declare their exemption when registering.** All other volunteers and anyone in a paid role aged 18 or over, or under 18 if they are paid, will require a Working With Children Card.

HEALTH AND INJURY

Should an athlete experience an injury resulting in pain or swelling, do not allow him/her to compete further. To minimise the chance of obtaining an injury, it is recommended that athletes learn how to warm up and stretch the muscle groups specific to each discipline and perform this routine before participating in any event.

IMPORTANT: Notify the Arena Manager and a First Aid Officer via the event official of any injury that is sustained at any time during training or competition, so a record can be made. Do not pick up a fallen athlete until the injury has been examined by trained personnel.

HEALTHY CLUB

Please **do not** attend Athletics competition or training if you or a member of your household are unwell.

Adhere to recommended safe practices in regard to Covid and other infectious illnesses.

PHOTOGRAPHING CHILDREN GUIDELINES

Most people taking images of children at sporting events are doing so for acceptable reasons and are using appropriate methods, for example a parent videoing or photographing their child competing. Please take note of the following to respect the privacy of other people present:

- All images or video taken must be for private (non-commercial) use only, unless otherwise approved by Hamersley / Athletics West.
- Permission should be obtained from the child's parent/guardian prior to taking any images or video of a child or young person, particularly if they can be identified and you intend to post the images or video on to social media.
- Photographers (professional photographers, spectators, fans, coaches or members of the media) are not permitted to have unsupervised access to children.

Read more on the Athletics West website: <https://www.athleticswest.com.au/about/la-policies/>.

INSURANCE

Membership with Hamersley includes cover under the Athletics Australia National Insurance Program. This coverage extends to athletes, volunteers, and committee members, and includes Personal Accident, Public Liability, Professional Indemnity, and equipment coverage. For more Information email admin@hamersleyathletics.com.au for assistance or refer to our website.

HAMERSLEY TRAINING SCHEDULE

Training hub:	Central	Northern	Southern
	Charles Riley Reserve, North Beach	Korella Park, Mullaloo	Karrinyup Recreation Reserve, Karrinyup
Times:	17:00-18:30	17:00-18:30	17:00-18:30
Monday	Available for personal use (own equipment to be used)	U7-U18 Session 1	U7-U18 Session 1
Tuesday	U7-U18 Session 1	NA	NA
Wednesday	U13+ Specialist training 17:30-19:00	NA	NA
Thursday	U10-U18 Session 2	U10-U18 Session 2	U10-U18 Session 2

TRAINING ONLY MEMBERS

Athletes who have registered as “Training Only” are **not eligible** to compete at Hamersley competition. “Training Only” athletes are not registered in ResultsHQ and will not appear on start lists.

Email registrar@hamersleyathletics.com.au if you change your mind and would like to upgrade to a full membership.

HAMERSLEY SENIORS / ATHLETICS WEST STRIVE COMPETITION

Athletics West provide opportunities for athletes to compete in the weekly “Strive Competition”, usually on Friday evenings at the WA Athletics Stadium. To compete at senior level, athletes must be **aged under 13 or older**.

In 2023, Hamersley voted to become **Hamersley Athletics Centre**, which means that we can register athletes wanting to take part in senior competition. Athletes aged under 13 or older can register separately for Hamersley Seniors and still wear the Hamersley uniform.

Strive is not only for the top level athletes, anyone can take part. Athletes’ results are ranked against others in their age groups, but many events are ranked/seeded in groups so you will likely be competing against athletes of similar standard to Little Athletics and against your own PB (across track and field).

Athletics West senior competitions include a wider variety of events than Little Athletics, and includes all Olympic and Commonwealth Games events such as the Hammer / Pole Vault / 400m Hurdles / Steeplechase / 10,000m etc. Throwing events often have differing weights, and hurdles, differing heights and race length than athletes may be used to. Athletics West follow the World Athletics rules (some rules can be different to Little Athletics rules) and have different marshalling systems.

Membership

To compete in both programs requires **registering separately** for Little Athletics and for the senior program. The fee is discounted for dual Little Athletics/Senior members and you only need to pay

Hamersley once. (Note that Hamersley Little Athletics members may instead opt to join a Seniors club of their choosing or join the Seniors program as an Athletics West independent member) – both will require different uniforms and additional fees.

Competing at State events does not require additional membership as long as you are registered with a Little Athletics Centre or as a Senior member.

Note that athletes who register as a Senior member only are not eligible for Hamersley competition.

More information is available on the Hamersley and Athletics West websites:

- <https://www.athleticswest.com.au/athletes/>

WINTER COMPETITION

The Annual registration fee covers the Winter cross country season in addition to Summer. During the winter, Athletics West conducts Inter-Centre Cross Country Running and Road Walking events (note that Hamersley do not conduct walks events). The events are held mostly on Saturday afternoons (may be some Sundays depending on type of event) at a variety of different venues throughout the metropolitan area.

Hamersley conducts twice weekly cross country training sessions commencing in early April. There is no additional cost for existing members. Read more <https://hamersleyathletics.com.au/winter-season/>

AGE GROUPS AND RECORDS

All prior season results and records have been adjusted for the Summer season in accordance with the revised age group structure implemented by Athletics West in season 2025/26.

Age group eligibility is determined by the age an athlete will attain by the end of the subsequent calendar year (i.e an athletes age that they will turn in calendar year 2026 for the 2025/26 season).

For example:

- An athlete born in 2015 will be 11 years of age by 31 December 2026 and will therefore compete in the **Under 12** age group for the 2025/26 Summer season.

Age Group	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Birth Year	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009

EQUIPMENT SPECIFICATIONS – BOYS

HIGH JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Start Height (m)			0.90	0.95	1.10	1.20	1.25	1.30	1.35	1.40	1.45
Bar rises			Bar rises in 5cm increments until 6 competitors left; then 2cm, unless larger increments are requested by all remaining competitors. The listed Starting Heights are the current State Starting Heights.								
JAVELIN	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	Vortex	Turb	Turb	Turb	400g	600g*	600g	700g	700g	700g	700g
Length +/- 5cm					1.900	1.900	2.250	2.350	2.350	2.350	2.350
DISCUS	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	350g	500g	500g	500g	500g	750g	1kg*	1kg	1kg	1.5kg	1.5kg
SHOT PUT	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight (kg)	1	1.5	2	2	2	3*	3	4	4	5	5
LONG JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)	1x1	1x1	1x0.5	1x0.5	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2
TRIPLE JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)					1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2
Mat distance (m)				In full metre increments starting from 4m unless safety concern							
HURDLES	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Race Distance (m)		60	60	60	80	80	80	90	100	110	110
Height (cm)		45	45	60	60	68	76	76	76	76	76
Run In (m)		12	12	12	12	12	12	13	13	13.72	13.72
Spacing (m)		7	7	7	7	7	7	8	8.5	9.14	9.14
Run Out (m)		13	13	13	12	12	12	13	10.5	14.02	14.02
Flights		6	6	6	9	9	9	9	10	10	10

200M HURDLES	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Height (cm)							68	76			
Run In (m)							20	20			
Spacing (m)							35	35			
Run Out							40	40			
Flights							5	5			

300M HURDLES	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Height (cm)									76	76	76
Run In (m)									50	50	50
Spacing (m)									35	35	35
Run Out									40	40	40
Flights									7	7	7

*Change in specification 2025/2026

- U10 & U11 must only use 'Scissors' technique for High Jump. The 'Fosbury' is not allowed for these age groups.
- High Jump U10 to U13's, **MUST** qualify (over a bar, not elastic) at their training prior to competing at Hamersley.
- Athletes attempting High Jump records may elect to raise the bar in 1 cm lifts.
- The bar must be measured by the Arena Manager **BEFORE** a record or equal record height is attempted.

EQUIPMENT SPECIFICATIONS – GIRLS

HIGH JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Start Height (m)			0.85	0.90	1.05	1.15	1.20	1.25	1.30	1.35	1.40
			Bar rises in 5cm increments until 6 competitors left; then 2cm, unless larger increments are requested by all remaining competitors. The listed Starting Heights are the current State Starting Heights.								
JAVELIN	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	Vortex	Turb	Turb	Turb	400g	400g	400g	500g	500g	500g	500g
Length +/-5cm					1900	1900	1900	1900	2050	2050	2050
DISCUS	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	350g	500g	500g	500g	500g	750g	1kg*	1kg	1kg	1kg	1kg
SHOT PUT	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight (kg)	1	1.5	2	2	2	3*	3	3	3	3	3
LONG JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)	1x1	1x1	1x0.5	1x0.5	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2
TRIPLE JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)					1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2
Mat distance				In full metre increments starting from 4m unless safety issue.							

HURDLES	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Race Distance (m)		60	60	60	80	80	80	80	90	100	100
Height (cm)		45	45	60	60	68	76	76	76	76	76
Run In (m)		12	12	12	12	12	12	12	13	13	13
Spacing (m)		7	7	7	7	7	7	7	8	8.5	8.5
Run Out (m)		13	13	13	12	12	12	12	13	10.5	10.5
Flights		6	6	6	9	9	9	9	9	10	10
200M HURDLES	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Height (cm)							68	76			
Run In (m)							20	20			
Spacing (m)							35	35			
Run Out							40	40			
Flights							5	5			
300M HURDLES							U14	U15	U16	U17	U18
Height (cm)									76	76	76
Run In (m)									50	50	50
Spacing (m)									35	35	35
Run Out									40	40	40
Flights									7	7	7

*Change in specification 2025/2026

- U10 & U11 must only use 'Scissors' technique for High Jump. The 'Fosbury' is not allowed for these age groups.
- High Jump U10 to U13's, MUST qualify (over a bar, not elastic) at their training prior to competing at Hamersley.
- Athletes attempting High Jump records may elect to raise the bar in 1 cm lifts. The bar must be measured by the Arena Manager BEFORE a record or equal record height is attempted.

RULES FOR COMPETITION & AWARDS

Competition rules are those within the current Athletics West Little Athletics Rules of Competition. Follow the link to the rules and also variations to these, enforced by Hamersley Athletics Centre: <https://athleticswest.com.au/about/rules>

Awards are calculated according to the Hamersley Awards & points Calculation Policy: Refer to PDF document on the website: <https://hamersleyathletics.com.au/about/>

EVENT CALENDAR 2025/2026

DATE	EVENT	#	VENUE*
SAT OCT 11 2025	Reduced program 1	1	CRR
SAT OCT 18	Reduced program 2	2	CRR
SAT OCT 25	Program 1	3	CRR
SAT NOV 1	Program 2	4	CRR
SAT NOV 8	Program 1	5	CRR
SAT NOV 15	Program 2	6	CRR
SAT NOV 22	Program 1	7	CRR
SAT NOV 29	Interclub competition	8	TBC
SAT DEC 6	Program 2	9	CRR
SAT DEC 13	WA State Relay Championships		WAAS
Christmas / New Year Break			
SAT JAN 17 2026	Program 1	10	CRR
WED JAN 21 TWILIGHT	Program 2	11	CRR
SAT JAN 24	Program 1	12	CRR
WED JAN 28 TWILIGHT	Program 2 Presidents 1500m Invitational	13	CRR
SAT JAN 31	Junior Challenge (U7-U8)		WAAS
SAT JAN 31	Hamersley TIM Championships	14	CRR
SAT 7/8 FEB	WA State Combined Event Championships		WAAS
SAT 7 FEB	Program 1	15	CRR
SAT 14 FEB	Program 2	16	CRR
SAT 20/21 FEB	WA Junior State Championships (U13-U18)		WAAS
SAT 28 Feb	Program 1	17	CRR
FRI 6 – SUN 9 MARCH	State Senior Track & Field Championships. U20 & OPEN		WAAS
SAT 7 MAR	Program 2	18	CRR
SAT 14 MAR	Centre Champs – Program 1	19	CRR
SUN 15 MAR	Centre Champs – Program 2	20	CRR
SAT 21– SUN 22 MARCH	WA Little Athletics Challenge (U9 – U12)		WAAS
SAT MAR 28 2025	Hamersley Presentation Day		CRR

WAAS - West Australian Athletics Stadium, Stephenson Avenue, Mt Claremont

CRR - Charles Riley Reserve, Wending Road, North Beach

COMPETITION PROGRAM

The below information applies to all program schedules:

Events are run across a two week schedule. The first two weeks of the Summer season have reduced programs (some events not run to give new families more time to familiarise themselves with the competition structure).

PROGRAM SCHEDULE (Sat Mornings):

6:15am	Set Up Team arrives, puts out equipment
7:30am	Parents and athletes to arrive, parents help to put up tents, athletes' warm-up
7:40am	First call for events. Key Officials to sign-in and go straight to sites. Athletes in laned events must go to marshalling areas when called
7.45am	Competition program commences
11:30am	Target finish time. Pack-Up Team packs equipment away.

Please listen to the ground announcer throughout the morning who will announce when to go to your next event along with other important information on the day. Note that there may be changes to the program on the day.

There is no restriction on the number of events that an athlete can do but athletes and parents / carers should take care to manage fatigue, especially on hot days and plan event participation accordingly.

*100m, 200m & 400m times will count for State relay selection during the first five (5) weeks.

** See information on the Hamersley website which will also be updated closer to the event

SAFETY

Athletes are reminded that they are not to use equipment before and after their events. During warmups, please make sure you use equipment in the correct manner. This is a safety issue to avoid anyone getting injured.

ONLY enter the arena if you are an athlete or helper and do so at the northern or southern end while being aware of the events around you

**NO PARENTS ARE ALLOWED ON THE CENTRE ARENA UNLESS ASSISTING
IN THE RUNNING OF THE EVENT**

11TH OCTOBER 2025

REDUCED PROGRAM 1

Field – three throws or jumps.

7.40am – Everyone to be assembled for opening day welcome and march past.

GIRLS

U8	U9	U10	U11	U12	U13	U14	U15	U16-U18
	70m (1)	Long Jump Site 3	Discus Site 1	Javelin Site 1	400m	Long Jump Site 1	Triple Jump	Shot Put Site 2
70m (2)	Turbo Javelin Site 3	70m	70m	400m	Discus Site 1	100m	Shot Put Site 2	100m
Long Jump Site 1	100m	100m	Turbo Jav Site 3	Triple Jump Site 1	Long Jump Site 3	Javelin Site 1	400m	Long Jump
100m	Discus Site 2	Turbo Jav Site 3	400m	100m	100m	400m	Javelin Site 1	400m
Shot Put Site 3			100m	Discus Site 1	Shot Put Site 2	Discus Site 1	100m	Javelin Site 2

BOYS

U8	U9	U10	U11	U12	U13	U14	U15-U18
	70m (1)	Long Jump Site 4	Discus Site 2	Javelin Site 2	400m	Long Jump Site 2	Shot Put Site 1
70m (2)	Turbo Javelin Site 4	70m	70m	400m	Discus Site 2	100m	100m
Long Jump Site 2	100m	100m	Turbo Javelin Site 4	Triple Jump Site 2	Long Jump Site 4	Javelin Site 2	Long Jump
100m	Discus Site 3	Turbo Javelin Site 4	400m	100m	100m	400m	400m
Shot Put Site 2			100m	Discus Site 2	Shot Put Site 1	Discus Site 2	Javelin Site 1

18th OCTOBER 2025
REDUCED PROGRAM 2
 Field – three throws or jumps.

GIRLS

U8	U9	U10	U11	U12	U13	U14	U15	U16-U18
300m	100m	Shot Put Site 1	Long Jump Site 1	200m (1)	Javelin Site 1	200m (2)	Discus Site 1	800m
Vortex Site 3	Shot Put Site 2	200m	100m	Long Jump Site 3	800m	Triple Jump	800m	Discus Site 3
Discus Site 2	200m	100m	200m	800m	Triple Jump Site 1	800m	Long Jump	100m
200m	Long Jump Site 3	Discus Site 2	Shot Put Site 1	100m	200m	100m	100m	Triple Jump Tartan
			800m	Shot Put Site 2	100m	Shot Put Site 1	200m	200m

BOYS

U8	U9	U10	U11	U12	U13	U14	U15-U18
300m	100m	Shot Put Site 2	Long Jump Site 2	200m (1)	Javelin Site 2	200m (2)	Triple Jump
Vortex Site 4	Shot Put Site 3	200m	100m	Long Jump Site 4	800m	Triple Jump	200m
Discus Site 3	200m	100m	200m	800m	Triple Jump Site 2	800m	Discus Site 2
200m	Long Jump Site 4	Discus Site 3	Shot Put Site 2	100m	200m	100m	800m
			800m	Shot Put Site 3	100m	Shot Put Site 2	100m

PROGRAM 1

1500m will be run as the first events of the day:

1. U12 girls & boys
2. U13 & U14 girls & boys
3. U15-U18 girls & boys

GIRLS

U8	U9	U10	U11	U12	U13	U14	U15	U16-U18
	70m (1)	High Jump Site 3	Long Jump Site 3	Javelin Site 1	Discus Site 1	200m Hurdles (1)	200m Hurdles (2)	Shot Put Site 3
70m	Turbo Javelin Site 3	70m	70m	100m	Long Jump (tartan)	Long Jump Site 1	Triple Jump (tartan)	300m Hurdles
Long Jump Site 3	100m	400m	Turbo Javelin Site 3	Discus Site 2	400m	100m	400m	100m
Shot Put Site 2	Discus Site 2	Long Jump Site 3	400m	400m	Shot Put Site 2	Javelin Site 1	High Jump Site 1	Long Jump - tartan
100m		100m	100m	Triple Jump Site 1	100m	400m	Shot Put Site 1	400m
		Turbo Jav Site 3				Discus Site 2	100m	High Jump Site 1

BOYS

U8	U9	U10	U11	U12	U13	U14	U15-U18
	70m (1)	High Jump Site 4	Long Jump Site 4	Javelin Site 2	Discus Site 2	200m Hurdles (1)	Shot Put Site 1
70m	Turbo Jav Site 4	70m	70m	100m	Long Jump (tartan)	Long Jump Site 2	200/300m Hurdles**
Long Jump Site 4	100m	400m	Turbo Javelin Site 4	Discus Site 1	400m	100m	High Jump Site 2
Shot Put Site 3	Discus Site 3	Long Jump Site 4	400m	400m	Shot Put Site 3	Javelin Site 2	100m
100m		100m	100m	Triple Jump Site 2	100m	400m	Long Jump (tartan)
		Turbo Jav Site 4				Discus Site 1	400m

** Hurdles distance varies according to age group.

PROGRAM 2

GIRLS

U8	U9	U10	U11	U12	U13	U14	U15	U16-U18
	500m (1)	Shot Put Site 2	Discus Site 3	200m	High Jump Site 1	Triple Jump Site 1	Javelin Site 1	Discus Site 1
300m (2)	60m Hurdles	200m	Shot Put Site 1	Long Jump Site 3	800m	High Jump Site 1	800m	200m
Vortex Site 3	Shot Put Site 2	60m Hurdles	800m	800m	Triple Jump Site 1	200m	Discus Site 2	Triple Jump Tartan
200m	200m	Discus Site 3	60m Hurdles	High Jump Site 1	200m	Shot Put Site 1	Long Jump (tartan)	Javelin Site 2
Discus Site 2	Long Jump Site 3	800m	High Jump Site 3	80m Hurdles	Javelin Site 1	800m	200m	800m
			200m	Shot Put Site 1	80m Hurdles	80m Hurdles	80m Hurdles	90/100m Hurdles**

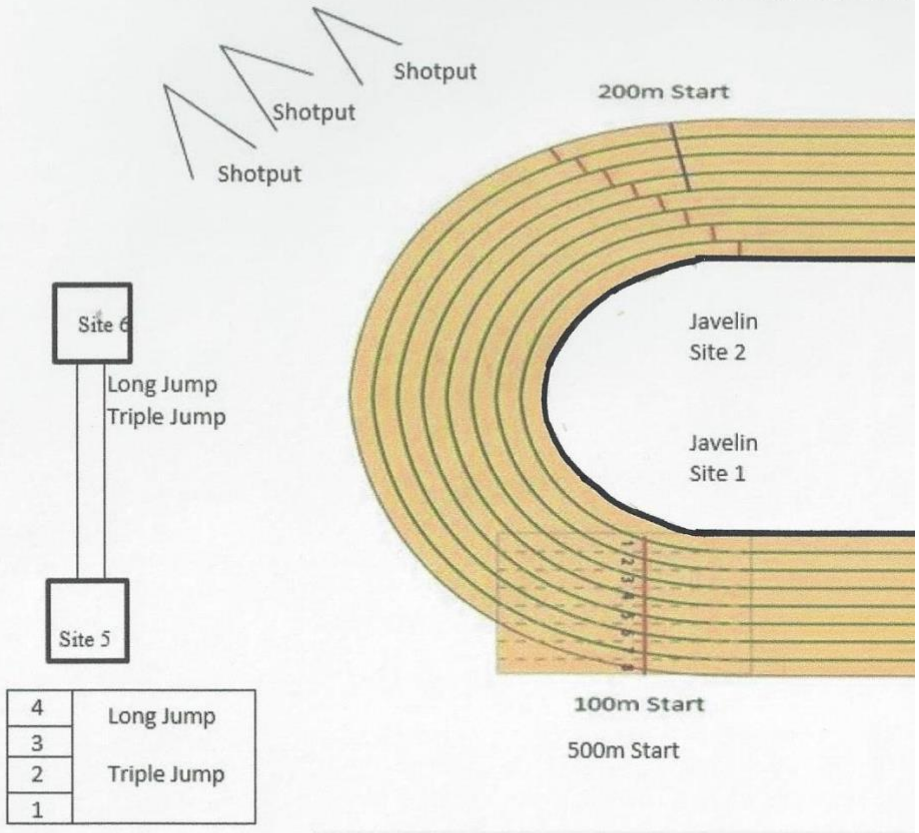
BOYS

U8	U9	U10	U11	U12	U13	U14	U15-U18
	500m (1)	Shot Put Site 3	Discus Site 2	200m	High Jump Site 2	Triple Jump Site 2	Triple Jump (tartan)
300m (2)	60m Hurdles	200m	Shot Put Site 2	Long Jump Site 4	800m	High Jump Site 2	200m
Vortex Site 4	Shot Put Site 3	60m Hurdles	800m	800m	Triple Jump Site 2	200m	Javelin Site 2
200m	200m	Discus Site 2	60m Hurdles	High Jump Site 2	200m	Shot Put Site 2	800m
Discus Site 3	Long Jump Site 4	800m	High Jump Site 4	80m Hurdles	Javelin Site 2	800m	Discus Site 1
			200m	Shot Put Site 2	80m Hurdles	80m Hurdles	90/100/110 m Hurdles**

** Hurdles distance varies according to age group.

Map

HAMERSLEY LITT



Site

Events

- 70m
- 100m
- 200m
- 500m
- Long Jump
- Triple Jump
- High Jump
- Hurdles
- Javelin
- Shot Put

Spectat

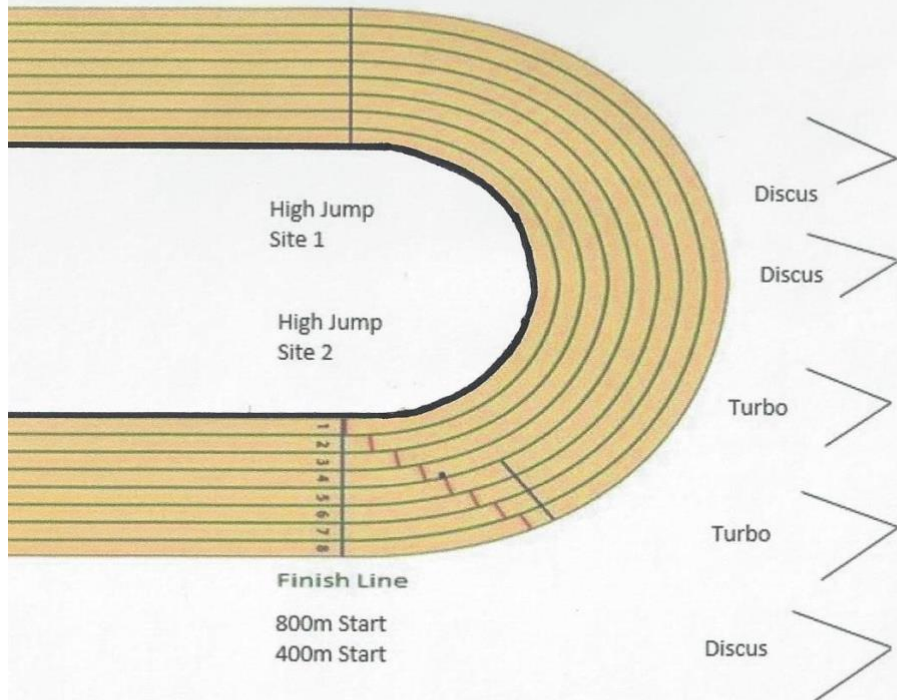
Changeroom/Toilet

Map

LITTLE ATHLETICS

300m Hurdles
300m Start
1500m Start

Scissors High Jump	
Site 3	Site 4



Facilities

Toilets	Equipment Shed	Canteen
	Hamersley Office	

- Events**
- 300m
 - 400m
 - 300m Hurdles
 - 800m
 - 1500m
 - Discus
 - Turbo Javelin/Vortex

Parking

CENTRE CHAMPIONSHIPS

The Centre Championships is a two-day competition held to conclude the Summer season.

PROGRAM:

- Day 1 – Program 1 for boys and girls.
- Day 2 – Program 2 for boys and girls.

Athletes are NOT required to compete on both days.

NUMBER OF EVENTS:

Athletes may choose no more than the number of events listed below in each Program day. A 'no-throw' or 'no jump' or 'Did Not Finish' is counted as an event and cannot be substituted for another event.

- U8 – U10 A maximum of four (4) events per competition day,
- U11 – U18 A maximum of five (5) events per competition day.

TRACK HEATS & FIELD FINALS:

Track – reverse seeded heats with no finals will be held to determine the fastest athletes in each age gender event.

Field – three throws or jumps.

AWARDS:

The following awards will be presented to eligible athletes on each day of the Centre Championships (time permitting):

- (a) 1st, 2nd and 3rd placed athletes in each age gender event will be awarded a medal.
- (b) Personal Best Award – ribbon to be awarded to any athlete who achieves a personal best over the two days of competition.

ELIGIBILITY:

The Centre Championships is open to all registered athletes, however if any of the following apply, the athlete will NOT be eligible to receive an award:

- (a) Athletes need to have competed in four (4) Programs over the season prior to the Championships

CENTRE RECORDS & RESULTS RECOGNITION:

Any Centre records broken will be recognised, and all results will be included for eligibility for automatic qualification to State Championships (U13 age group and below). Only results from week 1 – 18, but **not** including TIM Championships and Interclub competition, to count for award points.

2024/2025 SUMMER COMPETITION RESULTS

CONSISTENCY AWARDS (AGE GROUP WINNERS)

		THIRD	RUNNER UP	WINNER
U8	G	Rose Elliott	Aññaya McHale	Freya Peet
U9	G	Elena Dimitrovski	Leilani Rowles	Ava Collings
U10	G	Harper Wotherspoon	Maya Forster	Isla van der Schyff
U11	G	Indigo Brereton	Hannah Hampson	Isabelle Cousins
U12	G	Charli Scoon-Reid	Cleo Collings	Willow Sloss
U13	G	Bridget Creese	Abigail van der Schyff	Millie Aloï
U14	G	Emma Grassl Briens	Maali White	Jessica Avins
U15	G	Indi Trott	Bronte Edwards	Katie Giles
U16	G	Penny Arthur	Jasmine Lynch	Jasmine Carson
U17	G	Chloe Grassl Briens	Makenzi Aloï	Mackenzie Ryan
U18	G	Willow Johnson	Miranda Sturdy	Casey Munro-Smith
		THIRD	RUNNER UP	WINNER
U8	B	Jesse Wadham	Will Wiedermann	Peter Cooney
U9	B	Kristian Bogoev	Brody Castledine	Harvey Byrne
U10	B	Karchee Michoff	Jake Hillyer	Joshua Ferrier
U11	B	Jon Flavell	Nathaniel Dayman	Angus Trotter
U12	B	Flynn Dreaver	Benjamin Pilkington	Oliver Van Der Walt
U13	B	Archie Edwards	Archie Collis	James Baudia
U14	B	Louis Jouana	Taj Chapman	Connor Dent
U15	B	Hugh Kraut	Hudson Christides	William Nelson
U16	B	Rocco Parlongo	Brodie Lowry	Evan Sherwood
U17	B			
U18	B		Andrew Faulds	Adam Schmechtig

PERSONAL BEST AWARDS

	Girls	Boys
U8	Aññaya McHale	Patrick Mullins
U9	Elena Dimitrovski	Harvey Byrne
U10	Isla van der Schyff	Joshua Ferrier
U11	Jordan Whiteman	Riley Wiese
U12	Charli Scoon-Reid	Benjamin Pilkington
U13	Ava Muntz	Taylor Sheppard
U14	Harriet McNulty	Taj Chapman
U15	Aspen Aloï	William Nelson
U16	Penny Arthur	Evan Sherwood
U17	Chloe Grassl Briens	
U18	Mia Chapman	Adam Schmechtig

HAMERSLEY 'TIM' CHAMPIONSHIPS

The 'TIM' (or True Inclusion Method) ranks all athletes in each event as to how much they improve their PB (or how close they get), with the aim of being inclusive of more athletes. Athletes competed in a set series of events and TIM points were tallied across all four or five events for each age group with the athlete with the lowest points being awarded as the winner, and the next lowest as the runner up.

Age Group	B/G	NAME	SURNAME	PLACE
U8	G	Aññaya	McHale	WINNER
U8	G	Elizabeth	Finlay	RUNNER UP
U9	G	Sanne	Janssen	WINNER
U9	G	Blaire	Dow	RUNNER UP
U10	G	Alix	Morton	WINNER
U10	G	Ivy	Paunovski	RUNNER UP
U11	G	Jeanette	Janssen	WINNER

U11	G	Aisling	Williams	RUNNER UP
U12	G	Georgie	Rudd	WINNER - DRAW
U12	G	Zara	Wotherspoon	WINNER - DRAW
U13	G	Evie	Jowett	WINNER
U13	G	Summer	Abbott-Vidler	RUNNER UP
U14	G	Summer	Maguire	WINNER
U14	G	Harriet	McNulty	RUNNER UP
U15	G	Audrey	Bingham	WINNER
U15	G	Sydnee	Matsie	RUNNER UP
U16	G	Jasmine	Carson	ONE WINNER
U17	G	Makenzi	Aloi	ONE WINNER
U18	G	Casey	Munro-Smith	ONE WINNER
U8	B	Jesse	Wadham	WINNER
U8	B	Miles	Paunovski	RUNNER UP
U9	B	Hendrix	Chircop	WINNER
U9	B	Noah	Kolka	RUNNER UP
U10	B	Kolton	Hunter	WINNER
U10	B	William	Cooney	RUNNER UP
U11	B	Nicholas	Brown	WINNER
U11	B	Marcel	Friend	RUNNER UP
U12	B	Troy	Inman	WINNER
U12	B	Flynn	Dreaver	RUNNER UP
U13	B	Max	Hallsworth	WINNER
U13	B	Alex	McFarlane	RUNNER UP
U13	B	Thomas	Sanford	RUNNER UP
U14	B	Izekiel	Yilmaz	WINNER
U14	B	Jackson	Piccoli	WINNER
U15	B	Beau	Hall	WINNER
U16	B	Michael	Lloyd	WINNER

ATHLETES WHO COMPETED IN THE MAXIMUM ALLOWABLE EVENTS FOR 2024/25

GIRLS		Age group
Freya	Peet	U8
Ava	Collings	U9
Ava	Cousins	U9
Elena	Dimitrovski	U9
Nova	Aloi	U10
Sienna	Doherty	U10
Maya	Forster	U10
Isla	van der Schyff	U10
Olivia	Bogoev	U11
Isabelle	Cousins	U11
Zoe	Elliott	U11
Aisling	Williams	U11
Cleo	Collings	U12
Celeste	Harmer	U12
Mina	Hindmarch	U12
Grace	Kerns	U12
Paige	Robinson	U12
Paloma	Parlongo	U13
Caitlin	Marshall	U15
Alexis	Marshall	U17

BOYS		Age group
Jim	Flavell	U8
Kye	Bennett	U9
Kristian	Bogoev	U9
Hendrix	Chircop	U9
Hunter	Williams	U9
Oliver	Dayman	U10
Joshua	Ferrier	U10
Jake	HILLYER	U10
Kolton	Hunter	U10
Zac	Satinover	U10
Quinn	Cockfield	U11
Jon	Flavell	U11
Odin	Raats	U11
Tejas	Singh	U11
Noah	Adamson	U12
Flynn	Dreaver	U12
Troy	Inman	U12
Evan	Slater	U14
Hudson	Christides	U15
William	Nelson	U15
Dartanyon	Wilson-Finnis	U15

LIFE MEMBER AWARD WINNERS

Cassey Perpetual Trophy Horizontal Jumps Mackenzie Ryan	Ley Perpetual Trophy High Jump Willow Sloss
Donegan Perpetual Trophy Senior Sprinting Adam Schmechtig	Jan Veitch Perpetual Trophy Junior Sprinting Jon Flavell
Jones Perpetual Trophy Shot Put Tejas Singh	Paul Mardle Perpetual Trophy Discus Rocco Parlongo
Scott Perpetual Trophy Long Distance Cleo Collings	Tester Perpetual Trophy Javelin Jessica Avins
Starceвич Perpetual Trophy Hurdles Champion Hudson Christides	Roffman Perpetual Trophy Turbo Javelin Ben Smith
Dave Dilley Memorial Perpetual Trophy Scissors High Jump Joshua Ferrier	Gavin Dunn Memorial Perpetual Trophy U15 High Jump Jasmine Carson
Lewis Perpetual Trophy Octathlete Champion Joshua Ferrier	Bartlett Perpetual Trophy Heptathlete Champion Willow Sloss
Carissa Steere Perpetual Trophy Decathlete Champion Adam Schmechtig	O'Connor Perpetual Trophy Junior Personal Bests Isla van der Schyff Joshua Ferrier
Harrison Perpetual Trophy Senior Personal Bests Jordan Whiteman Ben Pilkington	
Presidents 1500m Invitational Presented by Carl Parlongo Handicap Race Chloe Grassl-Briens	Watson Perpetual Trophy Total Overall Points Isabelle Cousins
Bruce Trivett Perpetual Senior Girl Champion Jessica Avins	Jack Sturrock Perpetual Trophy Senior Boy Champion Adam Schmechtig
Rafty Perpetual Trophy Intermediate Girl Champion Willow Sloss	Kaitse Perpetual Trophy Intermediate Boy Champion Oliver Van Der Walt
Fergie Perpetual Trophy Junior Girl Champion Isla van der Schyff	Strickland Perpetual Trophy Junior Boy Champion Karchee Michoff

PRESIDENT'S 1500M HANDICAP	Emma Grassl Briens
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Tebbut Perpetual trophy – Quiet Achiever Award

Nominee for the Athletics West Doug Hancy Award

Miranda Sturdy
Adam Schmechtig

Graham Perpetual Trophy – Fellowship Award

Alexis Marshall

2024/2025 CENTRE CAPTAINS

Gabriella Andreas and Casey Munro-Smith

VANIRSEN TROPHY FOR OUTSTANDING ASSISTANCE TO THE CENTRE

Tara Christides
Kylie Giles

LIFE MEMBERSHIP OF HAMERSLEY

Helen Strickland
Carissa Boss

CLUB PERPETUALS

Damian Worrad Memorial Perpetual Trophy for Club Relays: **Glendale**

Champion Club:
Won by **Sorrento**

Consistency (Udall Perpetual Trophy):
Won by **Oceanside**

Volunteer Club
Won by **North Beach**

ATHLETICS WEST AWARDS

8 Year Athlete Awards

Clancy Boss
Evie Ewan
Annabel power
Liam Nelson

10 Year Volunteer Service Award:
Carissa Boss

ATHLETICS WEST YOUTH DEVELOPMENT PROGRAM

- Casey Munro-Smith
- Makenzi Aloï

2024/25 STATE COMBINED EVENT CHAMPIONSHIPS

Age group	Name	GOLD	SILVER	BRONZE	4TH
12B	Oliver Van Der Walt*	1ST			
13G	Millie Aloï				4TH
14B	Louis Jouana				
14G	Jessica Avins				
14G	Mollie-Mae Davies				
14G	Sophie Ferguson				
15B	Hudson Christides	1ST			
15B	Hugh Kraut				
15B	Liam Nelson				
15G	Katie Giles			3RD	
15G	Bronte Edwards				4TH
17B	Brodie Lowry		2ND		
17G	Mackenzie Ryan	1ST			
18B	Adam Schmechtig	1ST			
18B	Andrew Faulds		2ND		
18G	Miranda Sturdy	1ST			

***Oliver Van Der Walt broken the State record for U12B 80m Hurdles.**

2024/25 STATE RELAY CHAMPIONSHIPS

GOLD MEDALLISTS

10B	4x100m	Karchee Michoff, Joshua Ferrier, Jake Hillyer, Nairo Guevara, Kolton Hunter
12G	4x100m	Willow Sloss, Paige Robinson, Cleo Collings, Allaria Ritchie, Lara Castledine
12G	Swedish	Allaria Ritchie, Willow Sloss, Paige Robinson, Cleo Collings, Lileydis Yilmaz
16B	Field	Brodie Lowry, Rocco Parlono

SILVER MEDALLISTS

11G	4x100m	Ilaria Germano, Indigo Brereton, Hannah Hampson, Isabelle Cousins, Edie Hempstead
11B	Field	Ben Smith, Tejas Singh, Danil Burgess
14G	Field	Jessica Avins, Ivy Satinover
18G	Field	Clancy Boss, Miranda Sturdy, Mackenzie Ryan

BRONZE MEDALLISTS

10B	Swedish	Nairo Guevara, Karchee Michoff, Joshua Ferrier, Jake Hillyer, Isaac Black
12B	4x100m	Oliver Van Der Walt, Benjamin Pilkington, Troy Inman, Jett Cattanach, Trent Murray
14B	4x100m	Taj Chapman, Connor Dent, Louis Jouana, Archer Dickson, Sam Young
15G	Field	Ciana Rio Torto, Indi Trott, Bella Kohlhagen
18B	Field	Andrew Faulds, Adam Schmechtig

2024/25 STATE RELAY COACHES

13 girls	Christoff van der Schyff	13 boys	Adam Hallsworth
14 girls	Julia Grassl	14 boys	Darren Chapman
15 girls	Cecil Matsie	15 boys	Geoff Nelson
10 girls	Luke Doherty	10 boys	Griselda Fernandez
12 girls	Geoff Bai	12 boys	Ray Van der walt
11 girls	Clint Hampson	11 boys	Simon Flavell
16 boys	Charles Kasirye	17/18 girls	Sonia Ryan

COMPETED AT THE 2025 STATE JUNIOR TRACK & FIELD CHAMPIONSHIPS

10B:	Chase Wylie, Jake Hillyer, Josh Ferrier, Karchee Michoff, Nairo Guevara, Tim Baudia.
11B:	Angus Trotter, Ben Smith, Jon Flavell, Miles Mosele, Nathaniel Dayman, Tejas Singh.
12B:	Ben Pilkington, Charlie Davis, Flynn Dreaver, Jake Saunders, Jamie Lehman, Max Hanford, Oliver Van Der Walt, Rohan Sherwood, Sam Adkins, Troy Inman.
13B:	Archie Collis, Gurshant Singh, James Baudia, Kuba Sianozecki, Jackson Piccoli.
10G:	Alix Morton, Isla van der Schyff, Maya Forster, Shona O'Brien.
11G:	Aisling Williams, Eva Carlino, Ilaria Germano, Indigo Brereton, Isabelle Cousins, Jeanette Janssen, Remy Wadham, Rosie Sharp, Zoe Elliott.
12G:	Aisling O'Brien, Charli Scoon-Reid, Cleo Collings, Ivy Bodycoat, Jessica Bell, Lileydis Yilmaz, Mina Hindmarch, Paige Robinson, Stevie Trott.
13G:	Abigail van der Schyff, Ali Kets, Bridget Creese, Keeley Lloyd, Libby Stockden, Paloma Parlongo.
14G:	Abby Robinson, Emma Grassl Briens, Hannah Hampson, Harriet McNulty, Ivy Satinover, Jessica Avins, Mollie-Mae Davis, Romy Ott, Sophie Ferguson, Tahlie Woodhouse.

2025 STATE JUNIOR TRACK AND FIELD CHAMPIONSHIP MEDALLISTS

Athlete	Age Group	Gold	Silver	Bronze
Gurshant Singh	U13B	100m, 200m		
Cleo Collings	U12G	400m, 800m		
Karchee Michoff	U10B	70m, 100m, 200m		Long Jump
Oliver Van Der Walt	U12B	80m Hurdles*, TJ, LJ, 100m	200m	
Jessica Avins	U14G	Javelin	Shot Put	Discus
Tejas Singh	U11B	Shot Put		
Ilaria Germano	U11G		70m	
Timothy Baudia	U10B		Discus	
Ivy Satinover	U14G		High jump	
Flynn Dreaver	U12B		Javelin	
Bridget Crease	U13G			100m
Abby Robinson	U14G			100m, 200m
Charlie Scoon-Reid	U12G			80m Hurdles

***Oliver Van Der Walt – State record in 80m Hurdles.**

2025 U7 & U8 Medallists at Northern Zones Championships

Name	Surname	Age	Gender	Result	Event	Medal
Will	Wiedermann	7	M	12.38	70m	Silver medal
Aññaya	McHale	7	F	10.49	Discus	Silver medal
Aññaya	McHale	7	F	17.58	Vortex	Silver medal
Aññaya	McHale	7	F	1:06.62	300m	Bronze medal
Jesse	Wadham	7	M	4.47	Shot Put	Bronze medal
Kristian	Bogoev	8	M	1:48.13	500m	Bronze medal
Kristian	Bogoev	8	M	13.79	Discus	Bronze medal
Freddie	Bell	8	M	12.69	60m Hurdles	Bronze medal

2025 STATE SENIOR TRACK & FIELD CHAMPIONSHIPS

Athletes who competed for Hamersley

Women		Men	
Name	Age group	Name	Age group
Paloma Parlongo	U14	Hudson Christides	U15
Jessica Avins	U15	Louis Jouana	U15
Emma Grassl Briens	U15	Dartanyon Wilson-Finnis	U15
Ivy Satinover	U15	Beau Hall	U15/16
Tahlie Woodhouse	U15	William Nelson	U15/16
Violet Downey	U16	Hugh Kraut	U16
Bronte Edwards	U16	Brodie Lowry	U16
Sydnee Matsie	U16	Rocco Parlongo	U16
Annabel Power	U16	Evan Sherwood	U16
Ciana Rio Torto	U16	Cambell Weir	U16
Mackenzie Ryan	U18	Donald Kasiyre	U17
Miranda Sturdy	U18	Adam Schmechtig	U17/18

State Medalists

Athlete	Age Group	Gold	Silver	Bronze
Rocco Parlongo	U16M	Javelin		
Brodie Lowry	U16M	HJ		
Jessica Avins	U14W	Javelin	Discus, Shot Put	
Ivy Satinover	U14W	HJ		
Adam Schmechtig	U18M	300m Hurdles (LA), 110m Hurdles (LA)	TJ	400m
Ciana Rio Torto	U15W		Shot Put, Discus	
Sydnee Matsie	U15W	80m Hurdles (LA)		
Evan Sherwood	U16M			HJ
Mackenzie Ryan	U17W		TJ	LJ
Louis Jouana	U14M			HJ
Hudson Christides	U15M	100m Hurdles		

Note: Other Hamersley Little Athletics members also medalled representing another senior club.

2025 ATHLETICS AUSTRALIA NATIONAL JUNIOR CHAMPIONSHIPS (PERTH)

Hamersley members who competed:

Jessica Avins	Adam Schmechtig
Brodie Lowry	Evan Sherwood
Rocco Parlongo	Ivy Satinover
Abby Robinson	Miranda Sturdy
MacKenzie Ryan	Ciana Rio Torto

2025 SINGAPORE TOUR (JULY 2025)

Hamersley athletes selected in the WA Team:

Sydnee Matsie	U14G	80m Hurdles
Ciana Rio Torto	U14G	Shot Put, Discus
Hudson Christides	U14B	100m Hurdles
Brodie Lowry	U15B	High Jump
Rocco Parlongo	U15B	Javelin
Evan Sherwood	U15B	High Jump

Hamersley members who competed in Singapore:

- Sydnee Matsie
- Brodie Lowry
- Hudson Christides (went on trip but couldn't compete due to injury)

2025 WINTER CROSS COUNTRY SEASON

CONSISTENCY AWARDS FOR CROSS COUNTRY

U7 Girls	Annaya McHale	Stella Abbott-Vidler
U7 Boys	Riley Peeling	Phoenix Tompsett
U8 Girls	Ava Collings	Chloe Rivera
U8 Boys	Emmett Hurren	Kristian Bogoev
U9 Girls	Maya Forster	Clara Rice / Bronte Sandwell
U9 Boys	Jake Hillyer	Kolton Hunter
U10 Girls	Olivia Bogoev	Grace Gribbin/ Malie Duval
U10 Boys	Hugo Lanoelle	Thomas Drake-Brockman / Marcel Friend
U11 Girls	Cloe Collings	Emmie Lanoelle
U11 Boys	Trent Murray	Fionnan Fenlon / Oscar Dickinson
U12 Girls	Thea Hough	Milan Aloï / Summer Abbott-Vidler
U12 Boys	Kuba Sianozecki	N/A
U13 Girls	Harriet McNulty	N/A
U13 Boys	N/A	N/A
U14 Boys	N/A	N/A
U15 Girls	Aspen Aloï	Audrey Bingham

LIFE MEMBER AWARDS FOR CROSS COUNTRY

LIFE MEMBER	PERPETUAL TROPHY FOR	AWARD WINNER
Ryan	Excellence	Fionnan Fenlon
Gee	Coach's Award	Grace Kerns

STATE CROSS COUNTRY CHAMPIONSHIPS - MEDALLISTS

U8 Girls	Ava Collings	Bronze
U8 Boys	Emmett Hurren	Silver
U9 Boys	Jake Hillyer	Silver
U11 Girls	Cloe Collings	Gold
U11 Boys	Trent Murray	Silver

SELECTION FOR 2025 AUSTRALIAN CROSS COUNTRY CHAMPIONSHIPS

U10 Boys	Thomas Drake-Brockman
U13 Girls	Millie Aloï / Summer Abbott Vidler
U13 Boys	Fionnan Fenlon

COACH: EMMETT FENLON

TEAM MANAGER: VALENTINA SMITH

HAMERSLEY ATHLETICS CENTRE RECORDS

TO END OF 2024/25 SEASON

* Away Records only recorded from 2020/21 Season and only if equal to or better than the Hamersley Record. Away records must be claimed by submitting a request to admin@hamersleyathletics.com.au

TRACK RECORDS

60M HURDLES

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U8B	Mitchell Barron	North Beach	5/02/2011	12.24		
U9B	Simon Walsh	Karrinyup	9/03/2002	10.58	-10.6	
U10B	Simon Walsh	Karrinyup	8/03/2003	10.00		
U11B	David Gourdis	Glendale	21/11/1998	10.52	-10.6	
	Stefan Rajakovic	North Beach	9/03/2012	10.57		
U11B	Lucas Barron	Sorrento	5/03/2022			10.19
U8G	Libby Hodgkinson	Glendale	28/02/2015	12.97		
U9G	Danja Worrad	North Beach	24/01/2018	11.55		
U10G	Kerrie Tierney	Sorrento	28/02/2015	11.03		
U11G	Poppy Briggs	North Beach	9/11/2013	11.05		
U11G	Sophie Alexander	Glendale	20/03/2021			10.79

80M HURDLES

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U12G	Lola Vogl	Karrinyup	19/03/2023			13.57
U12G	Willow Sloss	Oceanside	22/02/2025	14.15		
U12B	Lucas Barron	Sorrento	18/02/2023	13.71		
U12B	Oliver Van Der Walt	Sorrento	22/03/2025			12.73
U13G	Lola Vogl	Karrinyup	4/11/2023	13.88		
U13B	Lucas Barron	Sorrento	23/01/2024	13.06		
U13B	Campbell Creyk	Sorrento	21/03/2021			12.7
U14B	Shannon Bell	Glendale	1/02/1992	13.12	-13.2	
U14B	Campbell Creyk	Sorrento	6/03/2022			13.09
U14G	Michelle Carew-Gibson	Oceanside	21/02/1993	12.66	-12.7	
U15G	Elle Leask	Sorrento	26/11/2011	13.25		
U15G	Tamzyn Aisbett	North Beach	21/03/2021			12.9

90M HURDLES

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U15B	Shannon Bell	Glendale	5/12/1992	13.06	-13.1	
U15B	Hudson Christides	Karrinyup	16/11/2024			12.9
U16G	Michelle Carew-Gibson	Oceanside	22/10/1994	13.13	-13.2	

100M HURDLES

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U16B	Steven Richardson	Glendale	2/12/1995	13.73	-13.8	
U17G	Casey Munro-Smith	Glendale	9/12/2023	18.19		
U18G	Poppy Briggs	North Beach	16/11/2019	16.19		

110M HURDLES

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U17B						
U18B	Liam Goodyear	Sorrento	28/02/2015	15.17		

200M HURDLES

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U14B	Darcy Staples	Oceanside	25/11/2017	28.57		
U14B	Campbell Creyk	Sorrento	5/04/2022			27.55
U15B	David Gourdis	Glendale	25/01/2003	28.4		
U14G	Melany Smart	North Beach	22/02/2014	29.75		
U15G	Lili Hobbs	North Beach	11/11/2017	29.71		

300M HURDLES

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U16B	Darcy Staples	Oceanside	24/11/2018	43.51		
U17B	Jacob Hristianopoulos	Karrinyup	10/11/2018	40.68		
U18B	Adam Schmechtig	Glendale	8/02/2025	39.72		
U18B	Adam Schmechtig	Glendale	8/03/2025			39.35

U16G	Jasmine Pugh	Glendale	12/11/2016	50.29		
U16G	Madison Esquivel	Oceanside	20/03/2021			47.92
U17G	Luka Samuels	North Beach	14/12/2018	49.66		
U17G	Madison Esquivel	Oceanside	5/03/2022			48.71
U18G	Luka Samuels	North Beach	26/10/2019	48.98		

70M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U8B	David Gourdis	Glendale	17/02/1996	11.14	-11.2	
U9B	Steven Ilott	Whitfords	10/11/1984	10.48	-10.5	
U10B	Shane Cassey	Karrinyup	??/??/80	10.1	-10.1	
	P Haas	Whitfords	5/12/1987	10.1	-10.1	
U11B	Grigor Haas	Whitfords	5/12/1987	9.7	-9.7	
U8G	Kimberley Mickle	Oceanside	22/02/1992	11.78	-11.8	
U9G	Natalie Hood	Glendale	10/03/1984	10.81	-10.9	
U10G	Natalie Hood	Glendale	26/01/1985	10.25	-10.3	
U11G	Malaika Deacon	Karrinyup	22/11/1986	9.87	-9.9	

100M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U8B	David Gourdis	Glendale	24/02/1996	15.97	-16	
U9B	Shane Cassey	Karrinyup	??/??/79	14.7	-14.7	
	R Banks	Glendale	??/??/81	14.7	-14.7	
U10B	Julian Mathias	North Beach	??/??/77	13.7	-13.7	
U11B	Troy Hogan	Whitfords	??/??/82	13.6	-13.6	
	Grigor Haas	Whitfords	30/01/1988	13.6	-13.6	
U12B	David Gadsden	Sorrento	24/11/1990	12.95	-13	
U13B	Shane Cassey	Karrinyup	??/??/82	12.8	-12.8	
U14B	Alan Nowrojee	Glendale	23/11/1985	12.17	-12.2	
U15B	Steven Illott	Whitfords	8/12/1990	11.87	-11.9	
U15B	Hudson Christides	Karrinyup	8/03/2025			11.67
U16B	David Gourdis	Glendale	8/11/2003	11.5		
U17B	James Ockelford	Glendale	18/02/2006	11.4		
U18B	Anthony Germano	Glendale	23/11/2019	11.69	-11.7	
U18B	Adam Schmechtig	Glendale	8/03/2025			11.29

U8G	Olivia Reeves	Whitfords	3/02/1990	16.59	-16.6	
U9G	C Torre	North Beach	??/??/79	15.1	-15.1	
U10G	Rebecca Starcevich	Sorrento	??/??/80	14.5	-14.5	
U11G	Rebecca Starcevich	Sorrento	??/??/81	13.9	-13.9	
U12G	Suzanne Broadrick	Whitfords	??/??/80	13.1	-13.1	
U13G	Suzanne Broadrick	Whitfords	??/??/81	12.7	-12.7	
U14G	Suzanne Broadrick	Whitfords	??/??/82	12.6	-12.6	
U15G	Alison Smith	North Beach	1/12/1990	12.4	-12.4	
U16G	Lisa Morrison	Oceanside	8/02/1997	12.46	-12.5	
U17G	Kristina Duncan	Whitfords	15/02/2003	13		
U17G	Sienna Maltese	Sorrento	5/03/2022			12.81
U18G	Luka Samuels	North Beach	26/10/2019	13.07		

200M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U8B	Shane Egan	Whitfords	3/12/1994	33.56	-33.6	
U9B	Shane Cassey	Karrinyup	??/??/79	31.6	-31.6	
	S McCrae	North Beach	??/??/82	31.6	-31.6	
U10B	Julian Mathias	North Beach	??/??/77	29.6	-29.6	
U10B	Karchee Michoff	Karrinyup	22/03/2025			29.42
U11B	Grigor Haas	Whitfords	28/11/1987	28.33	-28.4	
U12B	Stefan Rajakovic	North Beach	16/02/2013	26.97		
U12B	Oliver Van Der Walt	Sorrento	22/03/2025			26.74
U13B	Shane Cassey	Karrinyup	??/??/83	26.8	-26.8	
U13B	Campbell Creyk	Sorrento	21/03/2021			26.45
U14B	Alan Nowrojee	Glendale	23/11/1985	24.64	-24.7	
U15B	Alan Nowrojee	Glendale	7/03/1987	24.87	-24.9	
U16B	Peter Maher	Whitfords	7/12/1996	23.96	-24	
U17B	Michael Day	Glendale	9/12/2000	23.39	-23.4	
U18B	Darcy Staples	Oceanside	20/01/2021	23.6	-23.6	
U18B	Adam Schmechtig	Glendale	8/03/2025			23.15

U8G	Olivia Reeves	Whitfords	11/11/1989	36.61	-36.7	
U9G	Rebecca Starceвич	Sorrento	??/??/79	31.5	-31.5	
U10G	Rebecca Starceвич	Sorrento	??/??/80	30.4	-30.4	
U11G	Rebecca Starceвич	Sorrento	??/??/81	29.1	-29.1	
U12G	Renee Poetschka	Karrinyup	??/??/82	27.9	-27.9	
U13G	Suzanne Broadrick	Whitfords	??/??/81	26.5	-26.5	
U14G	Suzanne Broadrick	Whitfords	??/??/82	25.7	-25.7	
U15G	Suzanne Broadrick	Whitfords	??/??/83	25.6	-25.6	
U16G	J Stannard	Sorrento	12/10/2002	25.7		
U17G	Jenna Birtles	Sorrento	16/02/2002	26.44	-26.5	
U17G	Sienna Maltese	Sorrento	6/03/2022			25.43
U18G	Annie Stapleton	Glendale	16/02/2019	26.69		

300M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U8B	Brad Dyer	Oceanside	7/12/1991	55.87	-55.9	
U8G	Olivia Reeves	Whitfords	10/02/1990	59.52	-59.6	

400M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U10B	Scott Lothian	Sorrento	??/??/80	01:09.2	(1:09.2)	
U11B	Shane Cassey	Karrinyup	??/??/81	01:08.0	(1:08.0)	
U11B	Justin Driffill	Glendale	??/??/82	01:08.0	(1:08.0)	
U11B	Lucas Barron	Sorrento	5/03/2022			01:05.9
U12B	Nicky Loncar	Sorrento	??/??/78	01:04.1	(1:04.1)	
U12B	Oliver Liddle	Oceanside	20/03/2021			01:01.1
U13B	Kegan Smith	Oceanside	17/02/2007	01:02.3		
U14B	Alan Nowrojee	Glendale	30/11/1985	58.19	-58.2	
U15B	Fraser Fullerton	North Beach	25/02/2012	56.06		
U16B	David Preen	Glendale	31/01/1987	54.07	-54.1	
U17B	Darcy Staples	Oceanside	21/12/2020	54.15	-54.2	
U18B	Darcy Staples	Oceanside	16/01/2021	52.56	-52.6	
U18B	Adam Schmechtig	Glendale	8/03/2025			50.88

U10G	Rebecca Starceвич	Sorrento	??/??/80	01:10.8	(1:10.8)	
U11G	Rebecca Starceвич	Sorrento	??/??/81	01:09.5	(1:09.5)	
U12G	Rebecca Starceвич	Sorrento	??/??/82	01:05.0	(1:05.0)	
U12G	Cleo Collings	Sorrento	23/03/3035			01:03.2
U13G	Debbie Whinnen	Karrinyup	??/??/79	01:02.0	(1:02.0)	
U14G	Michelle Buttel	Glendale	??/??/79	01:00.8	(1:00.8)	
U14G	Suzanne Broadrick	Whitfords	??/??/82	01:00.8	(1:00.8)	
U15G	Suzanne Broadrick	Whitfords	??/??/83	57.9	-57.9	
U16G	Sarah Forbes	Glendale	10/02/1990	59.96	(1:00.0)	
U17G	Jessica Wheeler	Karrinyup	14/11/2020	01:02.1		
U18G	Jasmine Pugh	Glendale	10/11/2018	01:03.2		

500M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U9B	Cooper Duncan	Sorrento	9/12/2017	1.41.60		
U9G	Ava Collings	Sorrento	19/01/2025	01:47.0		

800M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U10B	Ben O'Sullivan	Sorrento	13/01/2018	02:44.5		
U11B	Kale Wright	Glendale	9/02/1991	02:34.1	(2:34.1)	
	Trent Murray	Karrinyup	10/03/2024			2:32.5
U12B	Luke Heathcote	Glendale	2/02/2013	02:26.6		
U12B	Sam O'Sullivan	Sorrento	21/03/2021			02:24.1
U13B	Mark Vanderlist	Takari	??/??/80	02:20.9	(2:20.9)	
U14B	Thomas Bruins	Glendale	8/02/2003	02:16.6		
U14B	Ben O'Sullivan	Sorrento	6/03/2022			02:09.5
U15B	Matthew Ryan	Whitfords	21/11/2015	02:08.8		
U16B	Matthew Ryan	Whitfords	4/02/2017	02:07.2		
U16B	James Chansbury	North Beach	21/03/2021			02:05.3
U17B	Matthew Ryan	North Beach	14/10/2017	02:07.9		
U18B	Owen Hurley	Oceanside	5/12/2020	02:08.6	(2:08.6)	
U18B	Owen Hurley	Oceanside	21/03/2021			01:59.6

U10G	Caitlin Knight	Oceanside	5/12/2009	02:53.8		
U11G	Maya Fernandes	Glendale	11/02/2006	02:42.0		
U11G	Ella Masiello	North Beach	19/03/2023			02:41.8
U12G	Sharon Kernaghan	Karrinyup	??/??/79	02:35.8	(2:35.8)	
U12G	Cleo Collings	Sorrento	22/03/2025			02:31.2
U13G	Gillian de Gruchy	Sorrento	??/??/79	02:26.4	(2:26.4)	
U14G	Melany Smart	North Beach	1/03/2014	02:19.2		
U15G	Melany Smart	North Beach	6/12/2014	02:22.3		
U16G	Melany Smart	North Beach	17/10/2015	02:16.0		
U17G	Cassiana Papadoulis	North Beach	5/02/2022	02:22.6		
U17G	Cassiana Papadoulis	North Beach	6/03/2022			02:17.4
U18G	Melany Smart	North Beach	14/10/2017	02:15.4		

1500M

Age	Name	Club	Date	Hamersley Record	Rounded Time	Away Record*
U12B	Luke Graves	Oceanside	21/11/2009	04:58.9		
U12B	Sam O'Sullivan	Sorrento	20/03/2021			04:52.7
U13B	Luke Graves	Glendale	4/12/2010	04:48.6		
U13B	Cooper Bennett	????	20/03/2021			04:45.4
U14B	Luke Graves	Glendale	25/01/2012	04:37.4		
U14B	Ben O'Sullivan	Sorrento	5/03/2022			04:27.6
U15B	Luke Graves	Glendale	17/11/2012	04:27.4		
U16B	David Preen	Glendale	28/02/1987	04:26.0	(4:26.1)	
U17B	Matthew Ryan	North Beach	16/12/2017	04:28.1		
U18B	Owen Hurley	Oceanside	14/11/2020	04:28.0	(4:36.2)	
U18B	Owen Hurley	Oceanside	20/03/2021			04:19.9

U12G	Heidi Wheeler	Glendale	22/02/1986	05:13.3	(5:13.3)	
U13G	Jodi Bilich	Glendale	??/??/79	05:03.9	(5:03.9)	
U14G	Jodi Bilich	Glendale	??/??/80	04:48.6	(4:48.6)	
U15G	Melany Smart	North Beach	7/02/2015	4.53.73		
U16G	Melany Smart	North Beach	6/02/2016	04:40.2		
U17G	Melany Smart	North Beach	26/11/2016	04:41.2		
U18G	Melany Smart	North Beach	16/12/2017	04:31.9		

FIELD RECORDS

LONG JUMP

Age	Name	Club	Date	Hamersley Record	Away Record*
U8B	Oliver Van Der Walt	Sorrento	6/03/2021	3.42	
U9B	Michael Dodd	Karrinyup	29/01/2000	3.87	
U10B	Alex Perin	Karrinyup	1/03/2014	4.25	
U11B	D Foster	Sorrento	19/02/1994	4.69	
U12B	Stefan Rajakovic	North Beach	2/03/2013	5.31	
U13B	Jason Perry	Glendale	21/11/1987	5.35	
U14B	Alan Nowrojee	Glendale	30/11/1985	5.76	
U15B	Alan Nowrojee	Glendale	29/11/1986	6.15	
U16B	David Gourdis	Glendale	17/01/2004	6.77	
U17B	Jacob Hristianopoulos	Karrinyup	24/11/2018	6.46	
U18B	Adam Schmechtig	Glendale	9/11/2024	6.47	
U18B	Alex Perin	Karrinyup	21/03/2021		6.58
U8G	Kimberley Mickle	Oceanside	15/02/1992	3.19	
U9G	Danja Worrada	North Beach	3/02/2018	3.54	
U10G	Sara Stoitis	Karrinyup	15/02/1992	4.01	
U11G	Natalie Hood	Glendale	9/11/1985	4.27	
U12G	Michelle Carew-Gibson	Oceanside	23/02/1991	4.76	
U13G	Michelle Carew-Gibson	Oceanside	25/01/1992	4.76	
U14G	Diana Christenson	Karrinyup	??/??/74	5.07	
U14G	Michelle Carew-Gibson	Oceanside	17/01/1993	5.07	
U15G	Lisa Morrison	Oceanside	10/02/1996	5.42	
U16G	Lisa Morrison	Oceanside	15/02/1997	5.52	
U17G	Mackenzie Ryan	Glendale	23/11/2025	5.18	
U17G	Madison Esquivel	Oceanside	4/03/2022		5.23
U18G	Laura Melis	Glendale	21/02/2004	5.33	

TRIPLE JUMP

Age	Name	Club	Date	Hamersley Record	Away Record*
U12B	Stefan Rajakovic	North Beach	23/02/2013	10.75	
U13B	Shane Cassey	Karrinyup	??/??/83	11.13	
U14B	Alan Nowrojee	Glendale	25/01/1986	12.13	
U15B	Alan Nowrojee	Glendale	7/03/1987	13.25	
U16B	David Gourdis	Glendale	1/11/2003	13.08	
U17B	Grant Szalek	Sorrento	1/02/2014	12.62	
U18B	Alex Perin	Karrinyup	13/03/2021	13.18	
U18B	Alex Perin	Karrinyup	19/03/2021		13.47
U12G	Sophie Alexander	Glendale	29/01/2022	9.9	
U13G	Kylie Vallence	Karrinyup	21/11/1987	10.02	
U13G	Sophie Alexander	Glendale	19/03/2023		10.04
U14G	Melany Smart	North Beach	1/02/2014	10.84	
U15G	Lisa Morrison	Oceanside	3/02/1996	11.25	
	Abigail Dargan	North Beach	24/11/2012	11.25	
U16G	Alison Smith	North Beach	16/11/1991	11.34	
U17G	Madison Esquivel	Oceanside	20/11/2021	11.06	
U17G	Madison Esquivel	Oceanside	6/03/2022		11.31
U18G	Claire Nankivell	Oceanside	9/10/2004	11.04	
U18G	Caitlin Courtie	Oceanside	19/03/2021		11.08

HIGH JUMP - SCISSORS

Age	Name	Club	Date	Hamersley Record	Away Record*
U10B	Joshua Ferrier	North Beach	8/02/2025	1.16	
U11B	Alex Perin	Karrinyup	7/02/2015	1.32	
U10G	Maali White	Glendale	6/03/2021	1.17	
U11G	Sophie Alexander	Glendale	13/03/2021	1.25	
U11G	Sophie Alexander	Glendale	21/03/2021		1.3

HIGH JUMP - FOSBURY

Age	Name	Club	Date	Hamersley Record	Away Record*
U12B	Jay Burton	Karrinyup	3/03/1984	1.52	
U13B	Jay Burton	Karrinyup	27/10/1984	1.62	
U14B	Alex Perin	Karrinyup	4/11/2017	1.74	
U15B	Grant Szalek	Sorrento	18/02/2012	1.74	
U16B	Grant Szalek	Sorrento	9/02/2013	1.9	
U17B	Grant Szalek	Sorrento	16/11/2013	1.89	
U18B	Alex Perin	Karrinyup	16/01/2021	2.01	
U12G	Sophie Alexander	Glendale	8/01/2022	1.42	
U13G	Leah Richards	Glendale	30/11/2013	1.5	
U14G	J Wilcox	Takari	9/02/1985	1.58	
U15G	Stacey Woodhouse	Oceanside	25/02/1995	1.65	
U15G	Isahara Russell	Sorrento	21/03/2021		1.66
U16G	Isahra Russell	Sorrento	29/01/2022	1.62	
U16G	Isahra Russell	Sorrento	4/03/2022		1.65
U17G	Saskia Pope	North Beach	18/01/2020	1.61	
U18G	Annie Stapleton	Glendale	11/01/2019	1.65	
U18G	Saskia Pope	North Beach	20/03/2021		1.66

SHOT PUT

Age	Name	Club	Date	Hamersley Record	Away Record*
1KG					
U8B	Maxim Collins	Whitfords	18/02/2017	7.97	
U8G	Clancy Boss	Karrinyup	11/02/2017	7.03	
1.5KG					
U9B	Joshua Anfuso	North Beach	3/01/2003	8.5	
U9G	Danja Worrad	North Beach	3/02/2018	7.32	
2KG					
U10B	Tejas Singh	Karrinyup	10/02/2024	8.49	
U11B	Scott Vickery	Karrinyup	??/??/74	10.32	
U12B	Matthew Seitz	North Beach	11/02/2006	11.11	
U13B	Rocco Parlongo	Glendale	15/01/2022	13.31	
U10G	Sinead Du Toit	Whitfords	26/02/2011	7.57	
U11G	Elora Bartlett	Glendale	24/01/2004	9.38	
U12G	Elora Bartlett	Glendale	22/01/2005	11.13	
U13G	Elora Bartlett	Glendale	4/02/2006	12.38	
3KG					
U14B	Paul Mardle	Sorrento	??/??/76	14.04	
U14G	Elora Bartlett	Glendale	9/12/2006	11.56	
U15G	Sinead Du Toit	Oceanside	14/11/2015	11.94	
U16G	Sinead Du Toit	Oceanside	19/11/2016	12.7	
U17G	Sinead Du Toit	Oceanside	4/11/2017	12.48	
U18G	Chloe Metcalf	Glendale	13/02/2016	11.28	
4KG					
U15B	Rocco Parlongo	Glendale	2/03/2024	12.95	
U15B	Shaun O'Brien	Karrinyup	13/02/1993	15.63	
5KG					
U17B	Elliot Wilton	Karrinyup	2/03/2024	8.91	
U18B	Alex Perin	Karrinyup	16/01/2021	13.66	

DISCUS

Age	Name	Club	Date	Hammersley Record	Away Record*
350G					
U8B	Joshua Anfuso	North Beach	23/02/2002	21.6	
U8G	Clancy Boss	Karrinyup	4/02/2017	17.4	
500G					
U9B	Joshua Anfuso	North Beach	10/01/2003	22.7	
U10B	Shane Cassey	Karrinyup	??/??/80	29.04	
U11B	Paul Mardle	Sorrento	17/03/1973	33.98	
U11B	J Macander	North Beach	??/??/83	33.98	
U12B	Rocco Parlongo	Glendale	28/11/2020	35.22	
U12B	Rocco Parlongo	Glendale	20/03/2021		35.65
U9G	Clancy Boss	Karrinyup	4/11/2017	16.92	
U10G	Elora Bartlett	Glendale	23/11/2002	22.52	
U11G	Nicole Kuhaupt	Karrinyup	??/??/81	26.44	
U12G	Jessica Avins	North Beach	11/02/2023	26.9	
U12G	Jessica Avins	North Beach	19/03/2023		28.75
750G					
U13B	Paul Mardle	Sorrento	??/??/75	40.88	
U14B	Paul Mardle	Sorrento	21/02/1976	49.58	
U13G	Sinead Du Toit	Oceanside	7/12/2013	34.06	
U14G	Sinead Du Toit	Oceanside	14/02/2015	40.57	
1KG					
U15B	Shannon Bell	Glendale	21/02/1993	43.96	
U15B	Rocco Parlongo	Glendale	24/02/2024		44.99
U16B	Shaun O'Brien	Karrinyup	7/11/1992	50.9	
U15G	Sinead Du Toit	Oceanside	13/02/2016	35.5	
U16G	Sinead Du Toit	Oceanside	5/11/2016	39.12	
U17G	Sinead Du Toit	Oceanside	18/11/2017	36.44	
U18G	Chloe Metcalf	Glendale	10/10/2015	33.01	

1.5KG

U17B	Samuel Rowling	North Beach	19/11/2022	26.88	
U18B	Jacob Matteo	Glendale	2/11/2019	41.87	

JAVELIN

Age	Name	Club	Date	Hamersley Record	Away Record*
VORTEX					
U8B	Kristian O'Shea	North Beach	26/11/2016	28.08	
U8G	Clancy Boss	Karrinyup	4/02/2017	15.41	
U8G	Anaya McHale	Karrinyup	15/02/2025		17.58

TURBO

U9B	Joshua Anfuso	North Beach	3/01/2003	23.71	
U10B	Michael Dodd	Karrinyup	10/02/2001	27.92	
U11B	Maxim Collins	Oceanside	23/01/2019	30	
U9G	Danja Worrard	North Beach	24/01/2018	16.78	
U10G	Hayley Miller	Oceanside	26/11/2004	20.93	
U11G	Jessica Avins	North Beach	18/12/2021	22.36	

400G

U12B	Darren Jones	Karrinyup	??/??/80	35.76	
U12B	Jarrold Chapman	Glendale	4/02/2006	35.76	
U13B	Shane Cassey	Karrinyup	??/??/83	39	
U13B	Rocco Parlongo	Glendale	6/03/2022		41.67
U12G	Emily Dimmer	Oceanside	3/02/1996	29.06	
U13G	Elora Bartlett	Glendale	11/02/2006	36.02	
U14G	Hannah Thompson	North Beach	13/10/2001	36.41	

500G

U15G	Ciana Rio Torto	Karrinyup	1/02/2025	29.66	
U16G	Emma Gabbitus	Sorrento	20/01/2021	40.5	
U17G	Emma Gabbitus	Sorrento	8/01/2022	40.08	
U17G	Emma Gabbitus	Sorrento	5/03/2022		40.75
U18G	Emma Gabbitus	Sorrento	18/02/2023	41.17	

600G

U14B	Philip Winstanley	Karrinyup	??/??/79	40.64	
U14B	Rocco Parlongo	Glendale	19/03/2023		41.04

700G

U15B	Rocco Parlongo	Glendale	14/10/2023	40.13	
U15B	Rocco Parlongo	Glendale	16/12/2023		43.04
U16B	Rocco Parlongo	Glendale	22/02/2025	47.53	
U16B	Rocco Parlongo	Glendale	8/03/2025		49.84
U17B	Daniel Smith		17/10/2015	49.97	
U18B	Daniel Smith		25/01/2017	52.9	

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