



Athletics Program

Season 2026/27

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ABOUT THE HAMERSLEY ATHLETICS PROGRAM

STRUCTURE

Centre: Hamersley Athletics Centre (Hamersley) organises summer competition for U8-U18 athletes, additional training opportunities for older athletes and opportunities to represent the Centre in Athletics West run competitions. Hamersley also manages the Winter cross country program. Competitions are mainly held at Charles Riley Reserve, North Beach each Saturday morning over the summer period, with the occasional mid-week twilight competition.

“Junior” training & competition: Athletes **aged U13 to U18** may choose to also take part in “Junior” training and competition (Strive). Eligible athletes have the option of registering with Hamersley as a Junior dual member. For further information refer to the Athletics West website: <https://www.athleticswest.com.au/athletes/membership/>.

Athletics West is the governing body for athletics in Western Australia. It manages State Little Athletics, senior competitions and the weekly “Strive” competition, offers coaching and officiating courses, and provides other opportunities during the season. Athletics West is affiliated with **Athletics Australia**.

INCLUSION

Hamersley Athletics Centre is committed to creating an inclusive, welcoming and supportive environment that reflects the diversity of our local community. We actively work to identify and remove barriers to participation so that everyone can enjoy athletics and be part of our Centre.

We are committed to continually developing and reviewing our practices, strategies and policies to support inclusion, accessibility and equal participation and to prevent discrimination within our Centre.

We commit to promoting a safe, welcoming, and respectful culture where everyone feels welcome and accepted regardless of age, gender/gender identity, sexuality, ability, socio-economic status, or cultural, ethnic or religious background.

We commit to informing, supporting and empowering our members and all others involved with the Hamersley Athletics Centre in relation to inclusion and diversity issues.

At Hamersley we promote the **True Inclusion Method (or “TIM”)** as a method of recognising individual achievement and improvement in individual results.

We recognise that every athlete is different and will work with families wherever reasonably possible to support individual participation needs and help athletes get the most from their athletics experience.

Families who would like to discuss additional support, adjustments or individual participation needs are encouraged to contact our Inclusion Officer, **Celeste Williams**, at inclusion@hamersleyathletics.com.au.

We also encourage families to speak with their Training Coordinator about how their athlete can best be supported during training at our various training hubs.

Our goal is for every athlete and family to feel welcomed, respected, supported and valued as part of the Hamersley Athletics community.

HAMERSLEY COMMITTEE 2026/2027

Executive Committee	Name
President	Rayno Raats
Secretary	Monique Raats
Treasurer	Dean Hemmingsen
Arena Manager	Carl Parlongo
Registrar	Sheridan McCabe
Recording Officer	Larissa Muir
Equipment Officer	Bruce Wilkins
Selections & Championships Officer	Peta Janssen / Julia Grassl
Organiser of Officials	Michelle Wilken
Coaching & Development Officer	Kylie Giles
Seniors Officer	Vacant
Non-Executive Committee:	
Administration Officer	Sheridan McCabe
Member Protection & Compliance Officer	Kerri-Ann Wright
Inclusion Officer	Celeste Williams
Publicity Officer	Jessica Young
Social Coordinator	Vacant
Canteen Coordinator	Mel Edwards
Uniform Coordinator	Mel Murray
Winter Officer	Carla Drake Brockman
Fundraising Coordinator	Vacant
Roster Coordinator	Tara Christides
Training Hub Coordinator	Aidan Trotter
Training Hub Coordinator	Geoff Nelson
Athletics West delegate	Sheridan McCabe

For enquiries, please email admin@hamersleyathletics.com.au or visit our website at <https://hamersleyathletics.com.au/about/>

HAMERSLEY WHATSAPP COMMUNITY GROUP

Hamersley Athletics Centre now uses a WhatsApp group for member communications, replacing the Teams app. A link to join the WhatsApp group will be provided following registration. If you have not received the link or require assistance joining the group, please contact admin@hamersleyathletics.com.au.

Hamersley Athletics WhatsApp Group – Terms & Conditions of Use

Purpose

The WhatsApp group is provided to share timely updates, important information, routine communications relating to Hamersley Athletics, and to arrange roster swaps. By remaining in the group, members agree to follow the expectations below.

1. Respectful Communication

- Treat all members with courtesy and respect.
- No abusive, threatening, or discriminatory language will be tolerated.
- Take disagreements offline where possible.

2. Relevant Content Only

- Keep posts directly related to Hamersley Athletics activities, events, reminders, and roster swaps.
- Do not use the group for personal promotions, unrelated topics, or non-club matters.

3. No Spam or Excessive Messaging

- Avoid unnecessary or repetitive messages such as “thanks”, emojis-only replies, or ongoing side conversations.
- Keep messages concise so important information isn’t overlooked.

4. Privacy and Confidentiality

- Do not share members’ personal information, photos, or messages outside the group without consent.
- Be mindful of members’ and children’s privacy.

5. Admins’ Role

- Group admins may remove inappropriate content or step in if discussions become unproductive.
- Admin decisions may be made to protect the safety and purpose of the group.

6. Safety and Compliance

- Do not use the group for coaching advice, officiating decisions, or safety instructions during competitions or training.
- Club policies, Athletics West, and LAWA guidelines take precedence over group discussion.

7. Membership

- This group is for current club members and relevant volunteers only.
- Members may be removed if they do not follow these expectations.

BIB / UNIFORMS

All members will be provided with a new numbered bib when they register. The numbering system has been reset by Athletics West so old numbers can no longer be used. **Make sure you keep your bib safe as replacement of a lost bib will incur a \$10 charge.**

Hamersley Athletics Centre	Gold singlet / T-shirt with maroon trim. Maroon Logo. Maroon or black shorts, bicycle pants or briefs (girls).
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Leggings or compression shorts are permitted but must be plain black. Compression shorts can also be skin colour. Any logos must not exceed 7cm x 5cm. A second top can be worn underneath, must be maroon, white or black.

Hamersley uniform is to be worn by athletes representing Hamersley at both junior and senior Athletics West competitions. This includes State events and Strive.

Note:

- Shorts may be Hamersley maroon shorts or plain black.
- Crop tops are not permitted for female athletes participating in Little Athletics events.

Online uniform shop: <https://hamersleyathletics.com.au/uniform/>

Email: uniforms@hamersleyathletics.com.au

HAMERSLEY VOLUNTEER ROSTERS AND KEY OFFICIALS

Without the support of our volunteers, Hamersley Athletics Centre competitions simply could not run. Every week, our athletes rely on the dedication of families and volunteers to ensure events are safe, enjoyable and successful.

All volunteer rosters are managed through the **ClubVolunteer Portal**. The link will be sent with your registration email. We encourage all families to review the volunteer role descriptions available on the HAC website and join the **Hamersley Athletics Centre Members WhatsApp group** for roster updates, volunteer opportunities and swap requests.

Family Volunteer Requirements:

- **4 full competition rosters OR 10 set-up/field rosters, and**
- **2 pack-up rosters, and**
- **1 BBQ roster.**

Families are also expected to assist with field events throughout the season. Please ensure that any roster selections do not overlap or conflict with one another.

No prior experience is necessary. Training and ongoing support are provided for all new volunteers and for returning families taking on a new role.

Families are free to select roster dates that best suit their schedules; however, please do not leave your commitments until the end of the season. Be mindful of our Twilight Competition dates when choosing shifts to ensure you are available to attend.

Please note:

- Roster changes cannot be made within three days of a competition.
- If you are unable to attend a rostered shift, it is your responsibility to arrange a swap or engage a paid official.
- Rosters can be swapped via the WhatsApp groups, and all volunteer commitments are tracked through ClubVolunteer.

Throughout the season, several additional events rely on volunteer support, including the TIM Championships, Centre Championships, State Relay Championships, and the North Metro Interclub Competition. Information regarding volunteer requirements for these events will be communicated closer to the event dates.

Thank you for supporting our athletes and helping make each competition possible. Every volunteer contribution makes a difference.

CODES OF CONDUCT / MEMBER PROTECTION POLICY

- Athletics is a family sport to be enjoyed by each member in their own way. Parents and supporters are expected to maintain appropriate behaviour and perspective at all times.
- Do not force an unwilling child to participate.
- Remember - children are involved in organised sport for their enjoyment, not yours.
- Encourage your child always to play by the rules.
- Teach your child that honest effort is as important as victory, so that each result is accepted without undue disappointment.
- Turn each defeat into victory, by helping your child to work towards skill improvement and good sportsmanship. Never ridicule or abuse your child from the sidelines. There is NO circumstance which warrants humiliation.
- Remember – children learn best by example. Applaud good performances by your athlete AND by those competing with them.
- Do not project your own aspirations on to your child.
- Do not publicly question the Officials' judgement, and never their honesty. If you see something of which you disapprove, notify the Arena Manager, Officials Organiser, or a Committee member.
- Support all efforts to remove verbal and physical abuse from children's sport.
- Recognise the value and importance of volunteer coaches and officials. They give their time and resources freely to provide recreational activities for your child.

Hamersley abides by the Athletics West Member Protection Policy and Codes of Conduct. For more information, please visit the Hamersley website or the Athletics West Website. If you have any questions or concerns, our Member Protection Officer is available to assist you. You can reach them via email at:

memberprotection@hamersleyathletics.com.au

POLICIES AND PROCEDURES

When registering, families agree to adhere to the Constitution, By-Laws and policies of Hamersley Athletics and Athletics West. Find out more about the Hamersley constitution, by-laws and policies on our website. Refer to PDF documents on our website: <https://hamersleyathletics.com.au/about/>

WORKING WITH CHILDREN

Hamersley Athletics Centre are required to comply with Western Australian Working with Children (WWC) Check legislation. Parents are generally exempt from this requirement, however they might be required to declare their exemption when registering. All other volunteers and anyone in a paid role aged 18 or over, or under 18 if they are paid, will require a Working With Children Card.

HEALTH AND INJURY

Should an athlete experience an injury resulting in pain or swelling, do not allow them to compete further. To minimise the chance of obtaining an injury, it is recommended that athletes learn how to warm up and stretch the muscle groups specific to each discipline and perform this routine before participating in any event.

IMPORTANT: Any injury sustained during competition should be reported as soon as possible to the Arena Manager and First Aid Officer, through the event official where appropriate, so the injury can be assessed and recorded. If an athlete is injured or unable to get up following an incident, avoid moving them unnecessarily. Keep the athlete comfortable and seek assistance from a First Aid Officer or appropriately trained person before attempting to move them.

HEALTHY CLUB

Please do not attend training or competition if you are unwell or experiencing symptoms of an infectious illness. We ask all members and families to follow current health advice and practise good hygiene to help protect the health and wellbeing of our athletes

PHOTOGRAPHING CHILDREN GUIDELINES

Most people taking images of children at sporting events are doing so for acceptable reasons and are using appropriate methods, for example a parent videoing or photographing their child competing. Please take note of the following to respect the privacy of other people present:

- All images or video taken must be for private (non-commercial) use only, unless otherwise approved by Hamersley / Athletics West.
- Permission should be obtained from the child's parent/guardian prior to taking any images or video of a child or young person, particularly if they can be identified and you intend to post the images or video on to social media.
- Photographers (professional photographers, spectators, fans, coaches or members of the media) are not permitted to have unsupervised access to children.

Read more on the Athletics West website: <https://www.athleticswest.com.au/about/la-policies/>.

INSURANCE

Membership with Hamersley includes cover under the Athletics Australia National Insurance Program. This coverage extends to athletes, volunteers, and committee members, and includes Personal Accident, Public Liability, Professional Indemnity, and equipment coverage.

For more information email admin@hamersleyathletics.com.au for assistance or refer to our website.

HAMERSLEY TRAINING SCHEDULE

Training hub:	Central	Northern
	Charles Riley Reserve, North Beach	Korella Park, Mullaloo
Times:	17:15-18:45	17:00-18:30
Monday	NA	U8-U18 Session 1
Tuesday	U8-U18 Session 1	NA
Wednesday	U13+ Specialist training 17:30-19:00	NA
Thursday	U10-U18 Session 2	U10-U18 Session 2

TRAINING ONLY MEMBERS

Athletes who have registered as “Training Only” are **not eligible** to compete at Hamersley competition. “Training Only” athletes are not registered in ResultsHQ and will not appear on start lists.

Email registrar@hamersleyathletics.com.au if you change your mind and would like to upgrade to a full membership.

HAMERSLEY SENIORS / ATHLETICS WEST STRIVE COMPETITION

Athletics West provide opportunities for athletes to compete in the weekly “Strive Competition”, usually on Friday evenings at the WA Athletics Stadium. To compete at senior level, athletes must be in the **under 13 age group or older**.

In 2023, Hamersley voted to become **Hamersley Athletics Centre**, which means that we can register athletes wanting to take part in senior competition. Athletes in the under 13 age group or older (Junior members) can register for Dual membership and still wear the Hamersley uniform.

Strive is not only for the top level athletes, anyone can take part. Athletes’ results are ranked against others in their age groups, but many events are ranked/seeded in groups so you will likely be competing against athletes of similar standard to Little Athletics and against your own PB (across track and field).

Athletics West senior competitions include a wider variety of events than Little Athletics, and includes all Olympic and Commonwealth Games events such as the Hammer throw / Pole Vault / 400m Hurdles / Steeplechase / 10,000m etc. Throwing events often have differing weights, and hurdles, differing heights and race length than athletes may be used to. Athletics West follow the World Athletics rules (some rules can be different to Little Athletics rules) and have different marshalling systems.

MEMBERSHIP

To compete in both programs requires **registering separately** for Little Athletics and for the senior program. Fees for both Little Athletics and Senior membership are paid together to Hamersley Athletics Centre at the time of registration. The applicable dual membership discount will be applied. Hamersley Athletics members may also choose to join another Senior Athletics club of their choice or participate in the Senior program as an Athletics West independent member. Please note that these options are separate from Hamersley membership and may involve different uniform requirements and additional fees.

Competing at State events does not require additional membership as long as you are registered with a Little Athletics Centre **or** as a Senior member.

Note that athletes who register as a Senior member only are not eligible for Hamersley competition.

More information is available on the Hamersley and Athletics West websites:

- <https://www.athleticswest.com.au/athletes/>

WINTER COMPETITION

The annual registration fee includes both the Summer athletics season and Winter cross country season. During the winter, Athletics West conducts Inter-Centre Cross Country Running and Road Walking events (note that Hamersley does not conduct walk events). The events are held mostly on Saturdays (may be some Sundays depending on type of event) at a variety of different venues throughout the metropolitan area.

Hamersley conducts twice weekly cross-country training sessions commencing in early April. There is no additional cost for existing members. Read more <https://hamersleyathletics.com.au/winter-season/>

AGE GROUPS AND RECORDS

An athlete's age group is determined by the age they will turn during the calendar year in which the season concludes. For the 2026/27 Summer season, age groups are therefore based on the age the athlete will turn during 2027.

For example:

- An athlete born in 2015 will turn 12 during 2027 and will therefore compete in the Under 13 (U13) age group for the 2026/27 Summer season.

Age Group	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Birth Year	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010

EQUIPMENT SPECIFICATIONS

EQUIPMENT SPECIFICATIONS – BOYS

HIGH JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Start Height (m)			0.9	0.95	1.1	1.2	1.25	1.3	1.35	1.4	1.45
Bar rises			Bar rises in 5cm increments until 6 competitors left; then 2cm, unless larger increments are requested by all remaining competitors. The listed Starting Heights are the current State Starting Heights.								
JAVELIN	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	Vortex	Turb	Turb	Turb	400g	400g	600g	700g	700g	700g	700g
Length +/- 5cm					1.9	1.9	2.25	2.35	2.35	2.35	2.35
DISCUS	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	350g	500g	500g	500g	500g	750g	1kg	1kg	1kg	1.5kg	1.5kg
SHOT PUT	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight (kg)	1	1.5	2	2	2	2	3	4	4	5	5
LONG JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)	1x1	1x1	1x0.5	1x0.5	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2
TRIPLE JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)					1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2
Mat distance (m)					In full metre increments starting from 4m unless safety concern						
HURDLES	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Race Distance (m)		60	60	60	80	80	80	90	100	110	110
Height (cm)		45	45	60	60	68	76	76	76	76	76
Run In (m)		12	12	12	12	12	12	13	13	13.72	13.72
Spacing (m)		7	7	7	7	7	7	8	8.5	9.14	9.14
Run Out (m)		13	13	13	12	12	12	13	10.5	14.02	14.02
Flights		6	6	6	9	9	9	9	10	10	10
200M HURDLES							U14	U15			
Height (cm)							68	76			
Run In (m)							20	20			
Spacing (m)							35	35			
Run Out							40	40			
Flights							5	5			
300M HURDLES									U16	U17	U18
Height (cm)									76	76	76
Run In (m)									50	50	50
Spacing (m)									35	35	35
Run Out									40	40	40
Flights									7	7	7

- U10 & U11 must only use ‘Scissors’ technique for High Jump. The ‘Fosbury’ is not allowed for these age groups.
- High Jump U10 to U13’s, MUST qualify (over a bar, not elastic) at their training prior to competing at Hamersley.
- Athletes attempting High Jump records may elect to raise the bar in 1 cm lifts.
- The bar must be measured by the Arena Manager BEFORE a record or equal record height is attempted.

EQUIPMENT SPECIFICATIONS – GIRLS

HIGH JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Start Height (m)			0.85	0.9	1.05	1.15	1.2	1.25	1.3	1.35	1.4
			Bar rises in 5cm increments until 6 competitors left; then 2cm, unless larger increments are requested by all remaining competitors. The listed Starting Heights are the current State Starting Heights.								
JAVELIN	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	Vortex	Turb	Turb	Turb	400g	400g	400g	500g	500g	500g	500g
Length +/- 5cm					1900	1900	1900	1900	2050	2050	2050
DISCUS	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight	350g	500g	500g	500g	500g	750g	1kg	1kg	1kg	1kg	1kg
SHOT PUT	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Weight (kg)	1	1.5	2	2	2	2	3	3	3	3	3
LONG JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)	1x1	1x1	1x0.5	1x0.5	1x 0.2	1x 0.2	1x 0.2	1x 0.2	1x 0.2	1x 0.2	1x 0.2
TRIPLE JUMP	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Mat size (m x m)					1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2	1x0.2
Mat distance (m)					In full metre increments starting from 4m unless safety concern						
HURDLES	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Race Distance (m)		60	60	60	80	80	80	80	90	100	100
Height (cm)		45	45	60	60	68	76	76	76	76	76
Run In (m)		12	12	12	12	12	12	12	13	13	13
Spacing (m)		7	7	7	7	7	7	7	8	8.5	8.5
Run Out (m)		13	13	13	12	12	12	12	13	10.5	10.5
Flights		6	6	6	9	9	9	9	9	10	10

200M HURDLES							U14	U15			
Height (cm)							68	76			
Run In (m)							20	20			
Spacing (m)							35	35			
Run Out							40	40			
Flights							5	5			

300M HURDLES									U16	U17	U18
Height (cm)									76	76	76
Run In (m)									50	50	50
Spacing (m)									35	35	35
Run Out									40	40	40

- U10 & U11 must only use 'Scissors' technique for High Jump. The 'Fosbury' is not allowed for these age groups.
- High Jump U10 to U13's, MUST qualify (over a bar, not elastic) at their training prior to competing at Hamersley.
- Athletes attempting High Jump records may elect to raise the bar in 1 cm lifts.
- The bar must be measured by the Arena Manager BEFORE a record or equal record height is attempted.

RULES OF COMPETITION & AWARDS

All competitions are conducted in accordance with the current Athletics West Little Athletics Rules of Competition, together with any approved local rules or variations that apply at Hamersley Athletics Centre. Athletes, families and officials are encouraged to familiarise themselves with the current rules and any applicable variations.

The current Rules of Competition are available on there:

<https://athleticswest.com.au/about/rules>

Awards are calculated according to the Hamersley Awards & points Calculation Policy.

Refer to document on the website: <https://hamersleyathletics.com.au/about/>

EVENT CALENDAR 2026/2027

DATE	Event	#	VENUE*	Notes
Sat, 3 Oct 2026	Reduced program 1	1	CRR	
Sat, 10 Oct 2026	Reduced program 2	2	CRR	
Sat, 17 Oct 2026	Program 1	3	CRR	
Sat, 24 Oct 2026	Program 2	4	CRR	
Sat, 31 Oct 2026	Program 1	5	CRR	
Sat, 7 Nov 2026	Program 2	6	CRR	
Sat, 14 Nov 2026	Program 1	7	CRR	
Sat, 21 Nov 2026	Program 2	8	CRR	
Sat, 28 Nov 2026	Interclub competition		WAAS	
Sat, 5 Dec 2026	Program 1	9	CRR	
Sat, 12 Dec 2026	WA State Relay Championships		WAAS	
Sun, 13 Dec 2026	WA State Relay Championships		WAAS	
Christmas / New Year Break				
Sat, 9 Jan 2027	Program 2	10	CRR	
Sat, 16 Jan 2027	Program 1 President's 1500m Invitational	11	CRR	
Sat, 23 Jan 2027	Program 2	12	CRR	Australia Day weekend
Sat, 30 Jan 2027	Little Athletics Challenge		WAAS	
Sun, 31 Jan 2027	Little Athletics Challenge		WAAS	
Sat, 6 Feb 2027	Program 1 (Twilight) President's 1500m Invitational	13	CRR	
Sat, 13 Feb 2027	Program 2	14	CRR	
Fri, 19 Feb 2027	Fuel to GO & Play WA State Junior Championships		WAAS	
Sat, 20 Feb 2027	Fuel to GO & Play WA State Junior Championships		WAAS	
Sun, 21 Feb 2027	Fuel to GO & Play WA State Junior Championships		WAAS	
Sat, 27 Feb 2027	Centre Championships - Program 1	15	CRR	
Sat, 6 Mar 2027	Centre Championships - Program 2	16	CRR	Fuel to GO & Play WA State Senior Championships
Sat, 13 Mar 2027	TIM Championships		CRR	
Sat, 27 Mar 2027	Easter			
Sat, 3 Apr 2027	Hamersley Presentation Day and AGM		CRR	

*WAAS - West Australian Athletics Stadium, Stephenson Avenue, Mt Claremont

*CRR - Charles Riley Reserve, Wending Road, North Beach

COMPETITION PROGRAM

The following information applies to all competition program schedules:

- Events are conducted across a two-week rotating schedule, with different events offered each week.
- The first two weeks of the Summer season operate on a reduced program (This allows new families more time to familiarise themselves with the competition structure).

Program Schedule (Saturday Mornings):	
6:15am	Set Up Team arrives, puts out equipment.
7:30am	Parents and athletes to arrive, parents help to put up tents, athletes' warm-up.
7:40am	First call for events. Key Officials to sign-in and go straight to sites. Athletes in laned events must go to marshalling areas when called
7:45am	Competition program commences.
11:30am	Target finish time. Pack-Up Team packs equipment away.

Please listen to the ground announcer throughout the morning who will announce when to go to your next event along with other important information on the day. Note that there may be changes to the program on the day.

There is no restriction on the number of events that an athlete can do but athletes and parents / carers should take care to manage fatigue, especially on hot days and plan event participation accordingly.

*Results from 100m, 200m & 400m times will count for State relay selection during the first five (5) weeks. Field event results will count for State relay selection during the first six (6) weeks.

** See information on the Hamersley website which will also be updated closer to the event.

SAFETY

Athletes are reminded that they are not to use equipment before and after their events. During warmups, please make sure you use equipment in the correct manner. This is a safety issue to avoid anyone getting injured.

ONLY enter the arena if you are an athlete or helper and do so at the northern or southern end while being aware of the events around you.

Hamersley Athletics Centre does not provide supervision of athletes during competitions. A parent, carer or nominated responsible adult must remain at the venue and be responsible for their athlete for the duration of the competition.

NO PARENTS ARE ALLOWED ON THE CENTRE ARENA UNLESS ASSISTING IN THE RUNNING OF THE EVENT.

COMPETITION REDUCED PROGRAM 1

7.40am – Everyone to be assembled for opening day welcome and march past.

GIRLS

Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15	U16- U18
Event 1		70m (1St)	Long Jump	Discus	Javelin	400m	Long Jump	Triple Jump	Shot Put
Site			<i>Site 1</i>	<i>Site 1</i>	<i>Site 1</i>		<i>Site 1</i>	<i>Tartan 5</i>	<i>Site 2</i>
Event 2	70m (2nd)	Turbo Javelin	70m	70m	400m	Discus	100m	Shot Put	100m
Site		<i>Site 3</i>				<i>Site 1</i>		<i>Site 2</i>	
Event 3	Long Jump	100m	100m	Turbo Javelin	Discus	Shot Put	Javelin	400m	Long Jump
Site	<i>Site 3</i>			<i>Site 3</i>	<i>Site 1</i>	<i>Site 2</i>	<i>Site 1</i>		<i>Tartan 7</i>
Event 4	100m	Discus	Turbo Javelin	400m	100m	100m	400m	Javelin	400m
Site		<i>Site 2</i>	<i>Site 3</i>					<i>Site 1</i>	
Event 5	Shot Put			100m	Triple Jump	Long Jump	Discus	100m	Javelin
Site	<i>Site 3</i>				<i>Tartan 5</i>	<i>Site 1</i>	<i>Site 1</i>		<i>Site 2</i>

BOYS

Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15-U18
Event 1		70m (1St)	Long Jump	Discus	Javelin	400m	Long Jump	Shot Put
Site			<i>Site 3</i>	<i>Site 2</i>	<i>Site 2</i>		<i>Tartan 6</i>	<i>Site 1</i>
Event 2	70m (2nd)	Turbo Javelin	70m	70m	400m	Discus	100m	100m
Site		<i>Site 4</i>				<i>Site 2</i>		
Event 3	Long Jump	100m	100m	Turbo Javelin	Discus	Shot Put	Javelin	Long Jump
Site	<i>Site 4</i>			<i>Site 4</i>	<i>Site 2</i>	<i>Site 1</i>	<i>Site 2</i>	<i>Tartan 8</i>
Event 4	100m	Discus	Turbo Javelin	400m	100m	100m	400m	400m
Site		<i>Site 3</i>	<i>Site 4</i>					
Event 5	Shot Put			100m	Triple Jump	Long Jump	Discus	Javelin
Site	<i>Site 2</i>				<i>Tartan 6</i>	<i>Site 2</i>	<i>Site 2</i>	<i>Site 1</i>

COMPETITION REDUCED PROGRAM 2

GIRLS

Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15	U16- U18
Event 1	300m	100m	Shot Put	Long Jump	200m (1st)	Javelin	200m (2nd)	Discus	800m
Site			Site 1	Site 1		Site 1		Site 1	
Event 2	Vortex	Long Jump	200m	100m	Shot Put	800m	Triple Jump	800m	Discus
Site	Site 3	Site 1			Site 2		Tartan 6		Site 3
Event 3	Discus	200m	100m	Shot Put	800m	Triple Jump	800m	Long Jump	100m
Site	Site 2			Site 1		Tartan 5		Tartan 7	
Event 4	200m	Shot Put	Discus	200m	100m	200m	100m	100m	Triple Jump
Site		Site 2	Site 2						Tartan 8
Event 5				800m	Long Jump	100m	Shot Put	200m	200m
Site					Site 5		Site 1		

BOYS

Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15-U18
Event 1	300m	100m	Shot Put	Long Jump	200m (1st)	Javelin	200m (2nd)	Triple Jump
Site			Site 2	Site 2		Site 2		Tartan 8
Event 2	Vortex	Long Jump	200m	100m	Shot Put	800m	Triple Jump	200m
Site	Site 4	Site 2			Site 3		Tartan 5	
Event 3	Discus	200m	100m	Shot Put	800m	Triple Jump	800m	Discus
Site	Site 3			Site 2		Tartan 6		Site 1
Event 4	200m	Shot Put	Discus	200m	100m	200m	100m	800m
Site		Site 1	Site 3					
Event 5				800m	Long Jump	100m	Shot Put	100m
Site					Site 6		Site 2	

COMPETITION PROGRAM 1

1500m will be run as the first events of the day:

1st U12 girls & boys; 2nd U13 & U14 girls & boys; 3rd U15-U18 girls & boys

GIRLS

Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15	U16- U18
Event 1		70m (1st)	High Jump	Long Jump	Javelin	Discus	200m Hurdles (1st)	200m Hurdles (2st)	300m Hurdles
Site			Site 3	Site 1	Site 1	Site 1			
Event 2	70m	Turbo Javelin	70m	70m	100m	Long Jump	Long Jump	Shot Put	Shot Put
Site		Site 3				Tartan 5	Tartan 7	Site 1	Site 3
Event 3	Long Jump	100m	400m	Turbo Javelin	Dicus	400m	100m	400m	100m
Site	Site 3			Site 3	Site 2				
Event 4	100m	Discus	Long Jump	400m	400m	Shot Put	Javelin	Triple Jump	Long Jump
Site		Site 2	Site 1			Site 2	Site 1	Tartan 7	Tartan 8
Event 5	Shot Put		100m	100m	Triple Jump	100m	400m	100m	400m
Site	Site 2				Tartan 5				
Event 6			Turbo Jav				Discus	High Jump	High Jump
Site			Site 3				Site 2	Site 2	Site 1

BOYS

Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15-U18
Event 1		70m (1st)	High Jump	Long Jump	Javelin	Discus	200m Hurdles (1st)	200/300m Hurdles
Site			Site 4	Site 2	Site 2	Site 2		
Event 2	70m	Turbo Javelin	70m	70m	100m	Long Jump	Long Jump	Shot Put
Site		Site 4				Tartan 6	Tartan 8	Site 1
Event 3	Long Jump	100m	400m	Turbo Javelin	Dicus	400m	100m	Long Jump
Site	Site 4			Site 4	Site 1			Tartan 7
Event 4	100m	Discus	Long Jump	400m	400m	Shot Put	Javelin	100m
Site		Site 3	Site 2			Site 3	Site 2	
Event 5	Shot Put		100m	100m	Triple Jump	100m	400m	High Jump
Site	Site 3				Tartan 6			Site 2
Event 6			Turbo Jav				Discus	400m
Site			Site 4				Site 1	

** Hurdles distance varies according to age group.

COMPETITION PROGRAM 2

GIRLS

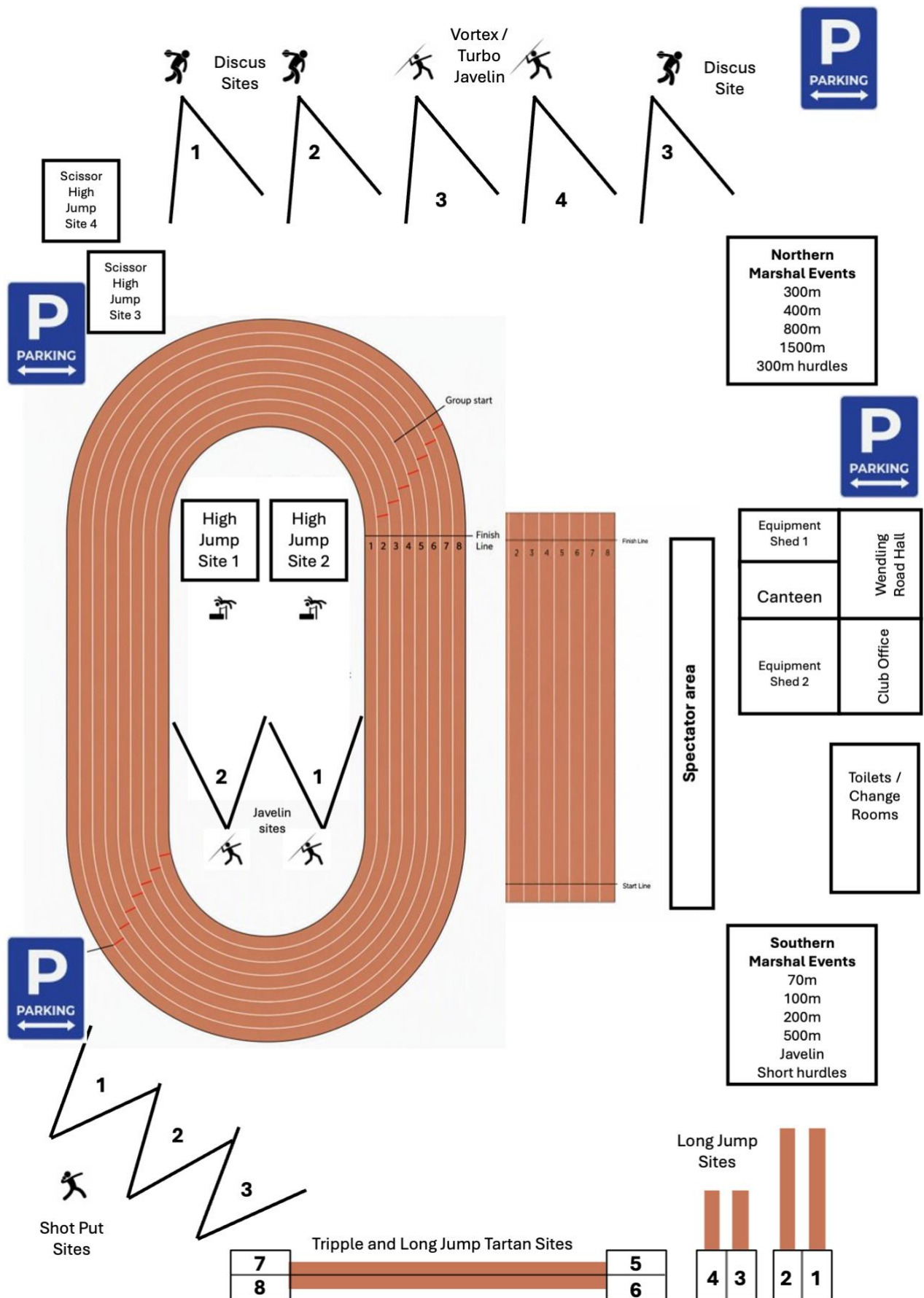
Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15	U16- U18
Event 1		500m (1st)	Shot Put	Discus	200m	Javelin	Triple Jump	Long Jump	Discus
Site			Site 2	Site 3		Site 1	Tartan 6	Tartan 8	Site 1
Event 2	300m (2nd)	60m Hurdles	200m	Shot Put	Long Jump	800m	High Jump	800m	200m
Site				Site 1	Site 1		Site 1		
Event 3	Vortex	Shot Put	60m Hurdles	800m	800m	Triple Jump	200m	Discus	Triple Jump
Site	Site 3	Site 2				Tartan 5		Site 2	Tartan 7
Event 4	200m	200m	Discus	60m Hurdle	High Jump	200m	Shot Put	Javelin	Javelin
Site			Site 3		Site 1		site 1	Site 1	Site 2
Event 5	Discus	Long Jump	800m	High Jump	80m Hurdles	High Jump	800m	200m	800m
Site	Site 2	Site 3		Site 3		Site 1			
Event 6				200m	Shot Put	80m Hurdles	80m Hurdles	80m Hurdles	90/100m Hurdles
Site					Site 1				

BOYS

Event/ Site	U8	U9	U10	U11	U12	U13	U14	U15- U18
Event 1		500m	Shot Put	Discus	200m	Javelin	Triple Jump	Triple Jump
Site		(1st)	Site 3	Site 2		Site 2	Tartan 5	Tartan 7
Event 2	300m	60m Hurdles	200m	Shot Put	Long Jump	800m	High Jump	200m
Site	(2nd)			Site 2	Site 2		Site 2	
Event 3	Vortex	Shot Put	60m Hurdles	800m	800m	Triple Jump	200m	Javelin
Site	Site 4	Site 3				Tartan 6		Site 2
Event 4	200m	200m	Dicus	60m Hurdles	High Jump	200m	Shot Put	800m
Site			Site 2		Site 2		Site 2	
Event 5	Discus	Long Jump	800m	High Jump	80m Hurdles	High Jump	800m	Discus
Site	Site 3	Site 4		Site 4		Site 2		Site 1
Event 6				200m	Shot Put	80m Hurdles	80m Hurdles	90/100/1 10 Hurdles
Site					Site 2			

**** Hurdles distance varies according to age group.**

MAP OF CHARLES RILEY RESERVE



CENTRE CHAMPIONSHIPS

The Centre Championships is a two-day competition event held to conclude the Summer season.

PROGRAM:

- Day 1 - Program 1 for boys and girls.
- Day 2 - Program 2 for boys and girls.

Athletes are NOT required to compete on both days.

From the 2026/27 season, all eligible athletes wishing to compete in the Hamersley Centre Championships must nominate for each event they intend to compete in via ResultsHQ prior to the published nomination closing date. This nomination process assists the Centre with event scheduling, lane allocations and overall championship planning. Athletes who do not submit their nominations by the closing date may not be permitted to compete, unless otherwise approved by the Centre Committee. Each family competing in the Championships will also be required to complete a roster.

NUMBER OF EVENTS: Athletes may choose no more than the number of events listed below in each Program day. A 'no throw' or 'no jump' or 'Did Not Finish' is counted as an event and cannot be substituted for another event.

- U8 – U10 A maximum of four (4) events per competition day,
- U11 – U18 A maximum of five (5) events per competition day.

TRACK HEATS & FIELD FINALS:

Track - reverse seeded heats with NO finals will be held to determine the fastest athletes in each age gender event.

Field - three throws or jumps.

AWARDS:

The following awards will be presented to eligible athletes on each day of the Centre Championships (time permitting):

- (a) 1st, 2nd and 3rd placed athletes in each age gender event will be awarded a medal.
- (b) Personal Best Award – ribbon to be awarded to any athlete who achieves a personal best over the two days of competition.

ELIGIBILITY:

The Hamersley Centre Championships are open to all currently registered athletes who meet the eligibility criteria. To nominate and compete in an event at the Centre Championships, athletes must meet the following requirements:

a) Event Participation Requirement

Athletes must have competed in the relevant event during the regular season prior to the Centre Championships as follows:

- Hurdles, High Jump and 1500m: Competed in the event on at least two (2) occasions.
- All other events: competed in the event on at least three (3) occasions.
- An event will only count towards the participation requirement where the athlete has completed and recorded a result for that event in a programmed Hamersley Centre competition.

b) Parent / Guardian Roster Requirement

The athlete's parent(s) or guardian(s) must have fulfilled all roster obligations for the season, unless an exemption has been granted by the Centre Executive Committee.

All athletes who compete in the Championships are eligible to receive Centre Championship awards.

The Executive Committee reserves the right to determine eligibility or grant exemptions in exceptional circumstances.

CENTRE RECORDS & RESULTS RECOGNITION:

Any Centre records achieved during the season will be officially recognised. Where applicable, eligible results will also be considered for qualification for State events for athletes in the U13 age group and below.

For Centre award points, only results achieved during Weeks 1–16 of the competition program will be included. Results from the TIM Championships and Interclub competitions are excluded from award point calculations.

WINTER CROSS COUNTRY 2026

2026 WINTER CROSS COUNTRY SEASON

CONSISTENCY AWARDS FOR CROSS COUNTRY

U7 Girls		
U7 Boys		
U8 Girls		
U8 Boys		
U9 Girls		
U9 Boys		
U10 Girls		
U10 Boys		
U11 Girls		
U11 Boys		
U12 Girls		
U12 Boys		
U13 Girls		
U13 Boys		
U14 Boys		
U15 Girls		

LIFE MEMBER AWARDS FOR CROSS COUNTRY

LIFE MEMBER	PERPETUAL TROPHY FOR	AWARD WINNER
Ryan		
Gee		

STATE CROSS COUNTRY CHAMPIONSHIPS - MEDALLISTS

U8 Girls		
U8 Boys		
U9 Boys		
U11 Girls		
U11 Boys		

SELECTION FOR 2026 AUSTRALIAN CROSS COUNTRY CHAMPIONSHIPS

U10 Boys	
U13 Girls	
U13 Boys	

COACH: EMMETT FENLON TEAM MANAGER: Carla Drake Brockman

SUMMER SEASON AWARDS 2025/26

Age Group Consistency Awards

Age	Gender	Third	Runner Up	Winner
8	F	Isabelle Murray	Grace Ferrier	Georgie Jones
9	F	Milla Wiese	Annaya Mchale	Madison Brown
10	F	Ava Collings	Sanne Janssen	Leilani Rowles
11	F	Maya Forster	Isla Van Der Schyff	Ava Hogarth
12	F	Aisling Williams	Isabelle Cousins	Indigo Brereton
13	F	Georgie Rudd	Cleo Collings	Charli Scoon-Reid
14	F	Bridget Creese	Millie Aloï	Abigail Van Der Schyff
15	F	Emma Grassl Briens	Ivy Satinover	Jessica Avins
16	F	Violet Downey	Bronte Edwards	Katie Giles
17	F			Isabella Towie
18	F	Gabriella Andreas	Amelia Faulds	Chloe Grassl Briens

Age	Gender	Third	Runner Up	Winner
8	M	Leo Guatta	Phoenix Tompsett	Denzel Mzungu
9	M	Brayden Wiese	Will Wiedermann	Peter Cooney
10	M	Austin Leishman	Kristian Bogoev	Harvey Byrne
11	M	Karchee Michoff	Jake Hillyer	Joshua Ferrier
12	M	Thomas Drake-Brockman	Nathaniel Dayman	Angus Trotter
13	M	Benjamin Pilkington	Samuel Adkins	Trent Murray
14	M	Archie Edwards	Mitchell Marlow	James Baudia
15	M	Izekiel Yilmaz	Archer Dickson	Taj Chapman
16	M	Asher Fulton	Hudson Christides	William Nelson
17	M	Rocco Parlono	Aiden Kinsella	Alan Leck
18	M			

Personal Best Awards

This award is in the form of a medallion is issued for the athlete that achieves the highest number of personal bests in each age group / gender from U8 to U18s. In the event of ties, awards will be issued to multiple athletes.

Age	Female	Male
8	Riley Beecham	Rafael Stillitano
	Georgie Jones	Logan Williams
		Miki Zuvela
9	Annaya McHale	Will Wiedermann
10	Fiadh Browne	Hendrix Chircop
11	Ava Hogarth	Lazar Dordevic
12	Zoe Elliott	Thomas Drake-Brockman
13	Georgie Rudd	Trent Murray
14	Taylah Morton	Noah Zuvela
15	Harriet McNulty	Izekiel Yilmaz
16	Katie Giles	Asher Fulton
17	Isabella Towie	Aiden Kinsella
18	Gabriella Andreas	

TIM Awards

At the Hamersley TIM Championships, the winner is determined based on the True Inclusion Method. The TIM ranks all athletes in each event as to how much they improve their PB (or how close they get). Athletes competed in a set series of events based on a reduced program. The athlete with the best TIM ranking received one point, the next best 2 points and so on. Points were tallied across all events for each age group, with the athlete with the lowest points being awarded as the winner, and the next lowest as the runner up.

Age	Gender	Runner Up	Winner
8	F	Lola Howard	Isabelle Murray
9	F	Milla Lourey	Milla Wiese
10	F	Fiadh Browne	Indi Ingram
11	F	Emily Beckett	Ksenia Muir
12	F	Elsie Barendrecht	Jordan Whiteman
13	F	Violette Holliday	Charli Scoon-Reid
14	F	Mackenzie Ottaway	Isla Trotter
15	F		Harriet McNulty
16	F	Caitlin Marshall	Bronte Edwards
17	F		
18	F	Amelia Faulds	Gabriella Andreas

Age	Gender	Runner Up	Winner
8	M	Logan Williams	Jack Wiedermann
9	M		Alex Mordini
			Will Wiedermann
10	M		Harvey Byrne
			Austin Leishman
			Hunter Williams
11	M	Harrison O'Hara	Cody Centis
12	M	Angus Trotter	Wyatt Dempsey
13	M	Haku Radics	Noah Adamson
14	M	Alex Mcfarlane	Kruz Beasley
15	M	Oliver Slavicek	William Tuohey
16	M	Dartanyon Wilson-Finnis	Asher Fulton
17	M	Aiden Kinsella	Alan Leck
18	M		

Life Member Perpetual Trophies

Trophy Name	Awarded for	Winner
O'Connor Perpetual Trophy	Junior Personal Bests	Will Wiedermann
Harrison Perpetual Trophy	Senior Personal Bests	Izekiel Yilmaz
Watson Perpetual Trophy	Total Overall Points	Trent Murray
Fergie Perpetual Trophy	Junior Girl Champion	Madison Brown
Strickland Perpetual Trophy	Junior Boy Champion	Brayden Wiese
Rafty Perpetual Trophy	Intermediate Girl Champion	Ava Hogarth
Kaitse Perpetual Trophy	Intermediate Boy Champion	Joshua Ferrier
Bruce Trivett Perpetual Trophy	Senior Girl Champion	Jessica Avins
Jack Sturrock Perpetual Trophy	Senior Boy Champion	James Baudia
Donegan Perpetual Trophy	Senior Sprinting	Remy Wadham
Jan Veitch Perpetual Trophy	Junior Sprinting	Joshua Ferrier
Scott Perpetual Trophy	Long Distance	Lachlan Twaddle
Starcevich Perpetual Trophy	Hurdles	Hudson Christides
Cassey Perpetual Trophy	Horizontal Jumps (Long and Triple)	Bridget Creese
Ley Perpetual Trophy	High Jump (Fosbury)	Ivy Satinover
Dilley Memorial Trophy	High Jump (Scissor)	Jake Hillyer
Gavin Dunn Memorial Trophy	High Jump U16	Bronte Edwards
Paul Mardle Perpetual Trophy	Discus	Annaya Mchale
Jones Perpetual Trophy	Shot Put	Rocco Parlongo
Tester Perpetual Trophy	Javelin	Jessica Avins
Roffman Perpetual Trophy	Turbo Javelin	Sebastian Hanrahan
Carissa Steere Perpetual Trophy	Decathlon	James Baudia
Lewis Perpetual Trophy	Octathlon	Joshua Ferrier
Bartlett Perpetual Trophy	Heptathlon	Jake Hillyer
President 1500m Invitational	1500m Invitational	Millie Aloï
Graham Perpetual Trophy	Fellowship	Chloe Grassl Briens
Tebbut Perpetual Trophy	The "Quiet Achiever"	Katie Giles
Vanirsén Perpetual Trophy	Outstanding Assistance to the Centre	Sharon Rampant

Records Broken

You can see the full list of Hamersley Records in Results HQ:

<https://resultshq.com.au/results/centrerecords>

Athlete Recognition Awards

8 Year Athlete Awards

Dartanyon Wilson-Finnis
Caitlin Marshall
Alexis Marshall
Emma Grassl Briens
Chloe Grassl Briens
Katie Giles

11 Year Athlete Awards

Mikayla Gabbitus
Gariella Andreas

100% Meet Attendance Award

Grace Ferrier
Isabelle Murray
Emily Drake-Brockman
Annaya McHale
Madison Brown
Jesse Wadham
Elena Dimitrovski
Mieke Neervoort
Ava Hogarth
Maya Forster
Kolton Hunter
Odin Raats
Thomas Drake-Brockman
Kyden Hunter
Trent Murray
Aiden Kinsella

HAMERSLEY ATHLETICS CENTRE RECORDS

TO END OF 2025/26 SEASON

* Away Records only recorded from 2020/21 Season and only if equal to or better than the Hamersley Record. Away records must be claimed by submitting a request to admin@hamersleyathletics.com.au

70m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Kimberley Mickle	22-02-92	11.80			
8	M	David Gourdis	17-02-96	11.20			
9	F	Natalie Hood	03-10-84	10.90			
9	M	Steven Illott	11-10-84	10.50			
10	F	Natalie Hood	26-01-85	10.30			
10	M	Shane Cassey	31-03-80	10.10			
11	F	Malaika Deacon	22-11-86	9.90			
11	M	G. Haas	12-05-87	9.70			

100m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Olivia Reeves	02-03-90	16.60			
8	M	David Gourdis	24-02-96	16.00			
9	F	C. Torre	31-03-79	15.10			
9	M	Shane Cassey	31-03-79	14.70			
10	F	Rebecca Starceovich	31-03-80	14.50			
10	M	Julian Mathias	31-03-77	13.70			
11	F	Rebecca Starceovich	31-03-81	13.90			
11	M	Troy Hogan	31-03-82	13.60			
12	F	Suzanne Broadrick	31-03-80	13.10			
12	M	David Gadsden	24-11-90	13.00			
13	F	Suzanne Broadrick	31-03-81	12.70			
13	M	Shane Cassey	31-03-82	12.80			
14	F	Suzanne Broadrick	31-03-82	12.60			
14	M	Alan Nowrojee	23-11-85	12.20			
15	F	Alison Smith	12-01-90	12.40			
15	M	Steven Illott	12-08-90	11.90	Hudson Christides	08-03-25	11.67
16	F	Lisa Morrison	02-08-97	12.50			
16	M	David Gourdis	11-08-03	11.50			

17	F	Kristina Duncan	15-02-03	13.00	Sienna Maltese	05-03-22	12.81
17	M	James Ockelford	18-02-06	11.40			
18	F	Luka Mia Rose Samuels	26-10-19	13.07			
18	M	Anthony Germano	23-11-19	11.69	Adam Schmechtig	08-03-25	11.29

200m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Olivia Reeves	11-11-89	36.70			
8	M	Shane Egan	12-03-94	33.60			
9	F	Rebecca Starceвич	31-03-79	31.50			
9	M	Shane Cassey	31-03-79	31.60			
10	F	Rebecca Starceвич	31-03-80	30.40			
10	M	Julian Mathias	31-03-77	29.60	Karchee Michoff	22-03-25	29.42
11	F	Rebecca Starceвич	31-03-81	29.10			
11	M	Grigor Haas	28-11-87	28.40			
12	F	Renee Poetschka	31-03-82	27.90			
12	M	Stefan Rajakovic	16-02-13	26.97	Oliver Van Der Walt	22-03-25	26.74
13	F	Suzanne Broadrick	31-03-81	26.50			
13	M	Shane Cassey	31-03-83	26.80	Campbell Creyk	21-03-21	26.45
14	F	Suzanne Broadrick	31-03-82	25.70			
14	M	Alan Nowrojee	23-11-85	24.70			
15	F	Suzanne Broadrick	31-03-83	25.60			
15	M	Alan Nowrojee	03-07-87	24.90			
16	F	Joanne Stannard	10-12-02	25.70			
16	M	Peter Maher	12-07-96	24.00			
17	F	Jenna Birtles	16-02-02	26.50	Sienna Maltese	06-03-22	25.43
17	M	Michael Day	12-09-00	23.40			
18	F	Annie Stapleton	16-02-19	26.69			
18	M	Darcy Staples	20-01-21	23.60	Adam Schmechtig	08-03-25	23.15

300m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Olivia Reeves	02-10-90	59.60			
8	M	Brad Dyer	12-07-91	55.90			

400m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
10	F	Rebecca Starcevich	31-03-80	1:10.80			
10	M	Scott Lothian	31-03-80	1:09.20			
11	F	Rebecca Starcevich	31-03-81	1:09.50			
11	M	Shane Cassey	31-03-81	1:08.00	Lucas Barron	05-03-22	1:05.90
12	F	Rebecca Starcevich	31-03-82	1:05.00	Cleo Collings	23-03-25	1:03.20
12	M	Nicky Loncar	31-03-78	1:04.10	Oliver Liddle	20-03-21	1:01.10
13	F	Debbie Whinnen	31-03-79	1:02.00			
13	M	Kegan Smith	17-02-07	1:02.30			
14	F	Michelle Buttel	31-03-79	1:00.80			
14	M	Alan Nowrojee	30-11-85	58.20			
15	F	Suzanne Broadrick	31-03-83	57.90			
15	M	Fraser Fullerton	25-02-12	56.06			
16	F	Sarah Forbes	02-10-90	1:00.00			
16	M	David Preen	31-01-87	54.10			
17	F	Jessica Wheeler	14-11-20	1:02.12			
17	M	Darcy Staples	21-12-19	54.15			
18	F	Jasmine Pugh	11-10-18	1:03.24			
18	M	Darcy Staples	16-01-21	52.56	Adam Schmechtig	08-03-25	50.88

500m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
9	F	Ava Collings	29-01-25	1:47.00			
9	M	Cooper Duncan	12-09-17	1:41.60			

800m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
10	F	Caitlin Knight	12-05-09	2:53.84			
10	M	Ben O'Sullivan	13-01-18	2:44.53			
11	F	Maya Fernandes	02-11-06	2:42.00	Ella Masiello	19-03-23	2:41.80
11	M	Kale Wright	02-09-91	2:34.10	Trent Murray	10-03-24	2:32.50

12	F	Sharon Kernaghan	31-03-79	2:35.80	Cleo Collings	22-03-25	2:31.20
12	M	Luke Heathcote	02-02-13	2:26.64	Sam O'Sullivan	21-03-21	2:24.10
13	F	Gillian de Gruchy	31-03-79	2:26.40			
13	M	Mark Vanderlist	31-03-80	2:20.90			
14	F	Melany Smart	03-01-14	2:19.20			
14	M	Thomas Bruins	02-08-03	2:16.60	Ben O'Sullivan	06-03-22	2:09.50
15	F	Melany Smart	12-06-14	2:22.29			
15	M	Matthew Ryan	21-11-15	2:08.80			
16	F	Melany Smart	17-10-15	2:15.98			
16	M	Matthew Ryan	02-04-17	2:07.20	James Chansbury	21-03-21	2:05.30
17	F	Cassiana Papadoulis	02-05-22	2:22.62	Cassiana Papadoulis	06-03-22	2:17.40
17	M	Matthew Ryan	14-10-17	2:07.89			
18	F	Melany Smart	14-10-17	2:15.38			
18	M	Owen Hurley	12-05-20	2:08.58	Owen Hurley	21-03-21	1:59.60

1500m							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
12	F	Heidi Wheeler	22-02-86	5:13.30			
12	M	Luke Graves	21-11-09	4:58.90	Sam O'Sullivan	20-03-21	4:52.70
13	F	Jodi Bilich	31-03-79	5:03.90			
13	M	Luke Graves	12-04-10	4:48.62	Cooper Bennett	20-03-21	4:45.40
14	F	Jodi Bilich	31-03-80	4:48.60			
14	M	Luke Graves	25-01-12	4:37.41	Ben O'Sullivan	05-03-22	4:27.60
15	F	Melany Smart	02-07-15	4:53.73			
15	M	Luke Graves	17-11-12	4:27.38			
16	F	Melany Smart	02-06-16	4:40.18			
16	M	David Preen	28-02-87	4:26.10			
17	F	Melany Smart	26-11-16	4:41.21			
17	M	Matthew Ryan	16-12-17	4:28.09			
18	F	Melany Smart	16-12-17	4:31.86			
18	M	Owen Hurley	14-11-20	4:28.04	Owen Hurley	20-03-21	4:19.90

60m Hurdles							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
9	F	Danja Worrad	24-01-18	11.55			
9	M	Simon Walsh	03-09-02	10.60			
10	F	Kerrie Tierney	28-02-15	11.03			

10	M	Simon Walsh	03-08-03	10.00			
11	F	Poppy Briggs	11-09-13	11.05	Sophie Alexander	20-03-21	10.79
11	M	Stefan Rajakovic	03-09-12	10.57	Lucas Barron	05-03-22	10.19

80m Hurdles							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
12	F	Willow Sloss	22-02-25	14.15	Lola Vogl	19-03-23	13.57
12	M	Lucas Barron	18-02-23	13.71	Oliver Van Der Walt	22-03-25	12.73
13	F	Lola Vogl	11-04-23	13.88			
13	M	Lucas Barron	23-01-24	13.06	Campbell Creyk	21-03-21	12.70
14	F	Michelle Carew-Gibson	21-02-93	12.70			
14	M	Shannon Bell	02-01-92	13.20	Campbell Creyk	06-03-22	13.09
15	F	Elle Leask	26-11-11	13.25	Tamzyn Aisbett	21-03-21	12.90

90m Hurdles							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
15	M	Shannon Bell	12-05-92	13.10	Hudson Christides	16-11-24	12.90
16	F	Michelle Carew-Gibson	22-10-94	13.20			

100m Hurdles							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
16	M	Steven Richardson	12-02-95	13.80			
17	F	Casey MUNRO-SMITH	12-09-23	18.19			
18	F	Poppy Briggs	16-11-19	16.19			

110m Hurdles							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
17	M	Aiden Kinsella	07-03-26	20.50			
18	M	Liam Goodyear	28-02-15	15.17			

200m Hurdles							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
14	F	Melany Smart	22-02-14	29.75			

14	M	Darcy Staples	25-11-17	28.57	Campbell Creyk	05-04-22	27.55
15	F	Lili Rose Hobbs	11-11-17	29.71			
15	M	David Gourdis	25-01-03	28.40			

300m Hurdles							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
16	F	Jasmine Pugh	11-12-16	50.29	Madison Esquivel	20-03-21	47.92
16	M	Darcy Staples	24-11-18	43.51			
17	F	Luka Mia Rose Samuels	14-12-18	49.66	Madison Esquivel	05-03-22	48.71
17	M	Jacob Hristianopoulos	11-10-18	40.68			
18	F	Luka Mia Rose Samuels	26-10-19	48.98			
18	M	Adam Schmechtig	02-08-25	39.72	Adam Schmechtig	08-03-25	39.35

High Jump Scissor							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
10	F	Maali White	03-06-21	1.17			
10	M	Joshua Ferrier	02-08-25	1.16			
11	F	Sophie Alexander	13-03-21	1.25	Sophie Alexander	21-03-21	1.30
11	M	Alex Perin	02-07-15	1.32			

High Jump Fosbury							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
12	F	Sophie Alexander	01-08-22	1.42			
12	M	Jay Burton	03-03-84	1.52			
13	F	Leah Richards	30-11-13	1.50			
13	M	Jay Burton	27-10-84	1.62			
14	F	J. Wilcox	02-09-85	1.58			
14	M	Alex Perin	11-04-17	1.74			
15	F	Stacey Woodhouse	25-02-95	1.65	Isahara Russell	21-03-21	1.66
15	M	Grant Szalek	18-02-12	1.74			
16	F	Isahara Russell	29-01-22	1.62	Isahara Russell	04-03-22	1.65
16	M	Grant Szalek	02-09-13	1.90			
17	F	Saskia Pope	18-01-20	1.61			
17	M	Grant Szalek	16-11-13	1.89			

18	F	Annie Stapleton	01-11-19	1.65	Saskia Pope	20-03-21	1.66
18	M	Alex Perin	16-01-21	2.01			

Long Jump							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Kimberley Mickle	15-02-92	3.19			
8	M	Oliver Van Der Walt	03-06-21	3.42			
9	F	Danja Worrad	02-03-18	3.54			
9	M	Michael Dodd	29-01-00	3.87			
10	F	Sara Stoitis	15-02-92	4.01			
10	M	Alex Perin	03-01-14	4.25			
11	F	Natalie Hood	11-09-85	4.27			
11	M	D. Foster	19-02-94	4.69			
12	F	Michelle Carew-Gibson	23-02-91	4.76			
12	M	Stefan Rajakovic	03-02-13	5.31			
13	F	Michelle Carew-Gibson	25-01-92	4.76			
13	M	Jason Perry	21-11-87	5.35			
14	F	Diana Christenson	31-03-74	5.07			
14	M	Alan Nowrojee	30-11-85	5.76			
15	F	Lisa Morrison	02-10-96	5.42			
15	M	Alan Nowrojee	29-11-86	6.15			
16	F	Lisa Morrison	15-02-97	5.52			
16	M	David Gourdis	17-01-04	6.77			
17	F	Mackenzie Ryan	23-11-24	5.18	Madison Esquivel	04-03-22	5.23
17	M	Jacob Hristianopoulos	24-11-18	6.46			
18	F	Laura Melis	21-02-04	5.33	Mackenzie Ryan	23-02-26	5.57
18	M	Adam Schmechtig	11-09-24	6.47	Alex Perin	21-03-21	6.58

Triple Jump							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
12	F	Sophie Alexander	29-01-22	9.90			
12	M	Stefan Rajakovic	23-02-13	10.75			
13	F	Kylie Vallence	21-11-87	10.02	Sophie Alexander	19-03-21	10.04
13	M	Shane Cassey	31-03-83	11.13			
14	F	Melany Smart	02-01-14	10.84			
14	M	Alan Nowrojee	25-01-86	12.13			
15	F	Abigail Dargan	24-11-12	11.25			

15	F	Lisa Morrison	02-03-96	11.25			
15	M	Alan Nowrojee	03-07-87	13.25			
16	F	Alison Smith	16-11-91	11.34			
16	M	David Gourdis	11-01-03	13.08			
17	F	Madison Esquivel	20-11-21	11.06	Madison Esquivel	06-03-22	11.31
17	M	Grant Szalek	02-01-14	12.62			
18	F	Claire Nankivell	10-09-04	11.04	Caitlin Courtie	19-03-21	11.08
18	M	Alex Perin	13-03-21	13.18	Alex Perin	19-03-21	13.47

Discus							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Clancy Boss	02-04-17	17.40			
8	M	Joshua Anfuso	23-02-02	21.60			
9	F	Clancy Boss	11-04-17	16.92			
9	M	Joshua Anfuso	01-10-03	22.70			
10	F	Elora Bartlett	23-11-02	22.52			
10	M	Shane Cassey	31-03-80	29.04			
11	F	Nicole Kuhaupt	31-03-81	26.44			
11	M	Paul Mardle	17-03-73	33.98			
12	F	Jessica Avins	02-11-23	26.90	Jessica Avins	19-03-23	28.75
12	M	Rocco Parlongo	28-11-20	35.22	Rocco Parlongo	20-03-21	35.65
13	F	Sinead Du Toit	12-07-13	34.06			
13	M	Paul Mardle	31-03-75	40.88			
14	F	Paloma Parlongo	14-03-26	23.27			
14	M	Alex Perin	20-01-18	39.60			
15	F	Sinead Du Toit	13-02-16	35.50			
15	M	Shannon Bell	21-02-93	43.96	Rocco Parlongo	24-02-24	44.99
16	F	Sinead Du Toit	11-05-16	39.12			
16	M	Shaun O'Brien	11-07-92	50.90			
17	F	Sinead Du Toit	18-11-17	36.44			
17	M	Rocco Parlongo	28-01-26	37.02	Rocco Parlongo	23-02-26	39.73
18	F	Chloe Metcalf	10-10-15	33.01			
18	M	Jacob Matteo	11-02-19	41.87			

Vortex							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Clancy Boss	02-04-17	15.41	Anaya McHale	15-02-25	17.58
8	M	Kristian O'Shea	26-11-16	28.08			

Turbo Javelin							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
9	F	Danja Worrad	24-01-18	16.78			
9	M	Joshua Anfuso	01-03-03	23.71			
10	F	Hayley Miller	26-11-04	20.93			
10	M	Michael Dodd	02-10-01	27.92			
11	F	Jessica Avins	18-12-21	22.36			
11	M	Maxim Collins	23-01-19	30.00			

Javelin							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
12	F	Emily Dimmer	02-03-96	29.06			
12	M	Darren Jones	31-03-80	35.76			
13	F	Elora Bartlett	02-11-06	36.02			
13	M	Shane Cassey	31-03-83	39.00	Rocco Parlono	06-03-22	41.67
14	F	Hannah Thompson	13-10-01	36.41			
14	M	James Baudia	14-03-26	45.15	James Baudia	21-02-26	46.73
15	F	Jessica Avins	11-10-25	37.48			
15	M	Damon Rio torto	14-02-26	26.80	Rocco Parlono	16-12-23	43.04
16	F	Emma Gabbitus	20-01-21	40.50			
16	M	Hudson Christides	21-01-26	31.15	Rocco Parlono	08-03-25	49.84
17	F	Emma Gabbitus	01-08-22	40.08	Emma Gabbitus	05-03-22	40.75
17	M	Rocco Parlono	14-02-26	52.36			
18	F	Emma Gabbitus	18-02-23	41.17			
18	M	Patrick McKeone	15-03-26	19.41			

Shot Put							
Age	Gender	Home Holder	Home Date (DD-MM-YY)	Home Value	Away Holder	Away Date (DD-MM-YY)	Away Value
8	F	Clancy Boss	02-11-17	7.03			

8	M	Maxim Collins	18-02-17	7.97			
9	F	Danja Worrada	02-03-18	7.32			
9	M	Joshua Anfuso	01-03-03	8.50			
10	F	Sinead Du Toit	26-02-11	7.57			
10	M	Tejas Singh	02-10-24	8.49			
11	F	Elora Bartlett	24-01-04	9.38			
11	M	Scott Vickery	31-03-74	10.32			
12	F	Elora Bartlett	22-01-05	11.13			
12	M	Matthew Seitz	02-11-06	11.11			
13	F	Elora Bartlett	02-04-06	12.38			
13	M	Rocco Parlongo	15-01-22	13.31			
14	F	Elora Bartlett	12-09-06	11.56			
14	M	Paul Mardle	31-03-76	14.04			
15	F	Sinead Du Toit	14-11-15	11.94			
15	M	Rocco Parlongo	18-11-23	12.33			
16	F	Sinead Du Toit	19-11-16	12.70			
16	M	Shaun O'Brien	13-02-93	15.63			
17	F	Sinead Du Toit	11-04-17	12.48			
17	M	Rocco Parlongo	07-02-26	13.26	Rocco Parlongo	23-02-26	13.55
18	F	Chloe Metcalf	13-02-16	11.28			
18	M	Alex Perin	16-01-21	13.66			

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